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October 31st, 2014 • Issue No. 10 • Volume 105

# THE gateway

THE OFFICIAL STUDENT NEWSPAPER AT THE UNIVERSITY OF ALBERTA

p. 16

*Thanksgiving on a budget*



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**colophon**

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**news haiku**

Cam said he'd do this  
But then he ran off to class  
What a basic bitch



PHOTO OF THE WEEK Swingers swinging on a swinging swing.

KEVIN SCHENK

**streeters**

COMPILED AND PHOTOGRAPHED BY James Davison + Trevor McPherson

As you may have heard, people get  
lonely on campus. WE ASKED...

**How do you make  
friends at school?**



**Dianne Fletcher** PHYS ED III

"Talking to them  
in class, or joining  
groups, like clubs and  
stuff."



**Maggie Schmidt** SCIENCE IV

"I guess I make them at bars on  
campus. Concerts are a good  
place. I actually met someone in  
the bathroom of Starlite Room.  
She was like, 'I recognize you  
from campus.' That's sweet, so  
now we're pretty good friends."

**Sarah Dechamplain** PHYS-ED

"I make friends in  
my faculty at faculty  
events. We usu-  
ally organize events in  
phys-ed."



**Kyle Welsh** GRADUATE STUDIES I

"I go to Bio Sci, sports  
or something like that. I  
mostly hang out with the  
people in my lab. I play  
ping-pong in the rec room."

**MAKE IT RAIN**

The weather, every morning on Twitter

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FOR VOLUNTEER INFO



# News

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## United Way campaign seeks to end poverty in city

**Caitlin Hart**  
NEWS STAFF

Poverty is a major obstacle for 120,000 people in Alberta, but with the help of 40,000 students on campus, the issue might be solvable.

Food trucks, a charity run and an opportunity to step into the shoes of someone living in poverty are among several United Way campaign events on campus from Oct. 1 to 24. All proceeds raised will benefit the United Way Alberta Capital Region, with the ultimate goal of solving poverty.

Executive Director of University Relations and chair of the U of A's United Way campaign Darlene Bryant said she hopes students will take away a sense of social responsibility that will propel them to be leaders in the future.

"We're trying to educate people about the issue of poverty," she said. "An important part of what we do is to make students aware of the struggles some people in our community face."

The U of A's United Way campaign revved up with its second annual Loopy Lunch, a food truck feast that drew about 1,200 students, faculty and staff to Celebration Plaza.

The month-long campaign also included the 55th annual Turkey Trot on Oct. 4, a major fundraising event hosted by the U of A's Recreation Services. Registrants chose between a four-kilometre route



**TURKEY TROT** Hundreds joined in on the 55th annual Turkey Trot to fundraise for the United Way.

KEVIN SCHENK

circling North Campus or an eight kilometre trek that challenged runners with the Emily Murphy Park hill.

The United Way launched their "Creating Pathways out of Poverty" theme in 2013, focusing on education, income and wellness to help change lives and social conditions.

The current campaign offers opportunities for educating campus, which Bryant said is vital to decreasing poverty in the city.

One of those opportunities allows students in the Faculty of Arts' Community Service-Learning program to apply what they're learning in the classroom to engage

with those in need. CSL students, who contribute to community organizations as part of their degree, are currently working with the United Way on a hygiene product drive to benefit individuals living in poverty.

Closing the 2014 campaign is the Poverty Simulation event on Oct.

24, which allows students to experience first-hand what life is like for an individual living in poverty for a month. The simulation includes encounters and obstacles based on the lives of real families. Bryant said past participants have called the simulation "life-changing."

"This event really gives them an experience they've never had before," she said.

Although most of the campaign is centered on fundraising, the poverty simulation is meant to raise awareness of the realities of poverty in the community and encourage students to take part in alleviating poverty in the capital city region.

"It's a way for students to have early awareness of where they can have some social responsibility and where they can actively participate in being community leaders," Bryant said.

The university has partnered with the United Way for more than 30 years; a partnership that Bryant said makes sense considering both organizations value community engagement and improvement.

"A lot of the goals we have at the university in terms of uplifting the whole people ... align very closely with the United Way's goals," Bryant said. "We want a community that is sustainable and is growing. The university is a very integral part of that."

"Hopefully (students) will take the torch and lead that charge towards bettering their community."

## Dinosaur unearthed in New Mexico has relatives in Alberta

**Eugueni Matveev**  
NEWS WRITER

U of A paleontologists have identified a new species of club-tailed dinosaur, potentially adding a piece to the North American dinosaur distribution puzzle.

When a team in New Mexico excavated an unfamiliar looking armoured dinosaur — or Ankylosaurid — fossil, paleontologist and State Museum of Pennsylvania curator Robert Sullivan sought the expertise of recent University of Alberta PhD graduate Victoria Arbour and current PhD student Michael Burns. Both have vast experience with armoured dinosaurs, and said they were excited to examine the beautifully preserved specimen.

Ankylosaurid are known to have a wide geographic distribution, with fossil evidence from Alberta, New Mexico, Mongolia, and Antarctica. Any owner of a childhood dinosaur book should recognize the menacing ball on the tail of Ankylosaurid. The hefty four-footed armoured herbivore had bony plates covering its entire external surface and protective spines across its back.

Initially, discovering the Ankylosaurus specimen was not much of a shocker for Arbour and Burns.

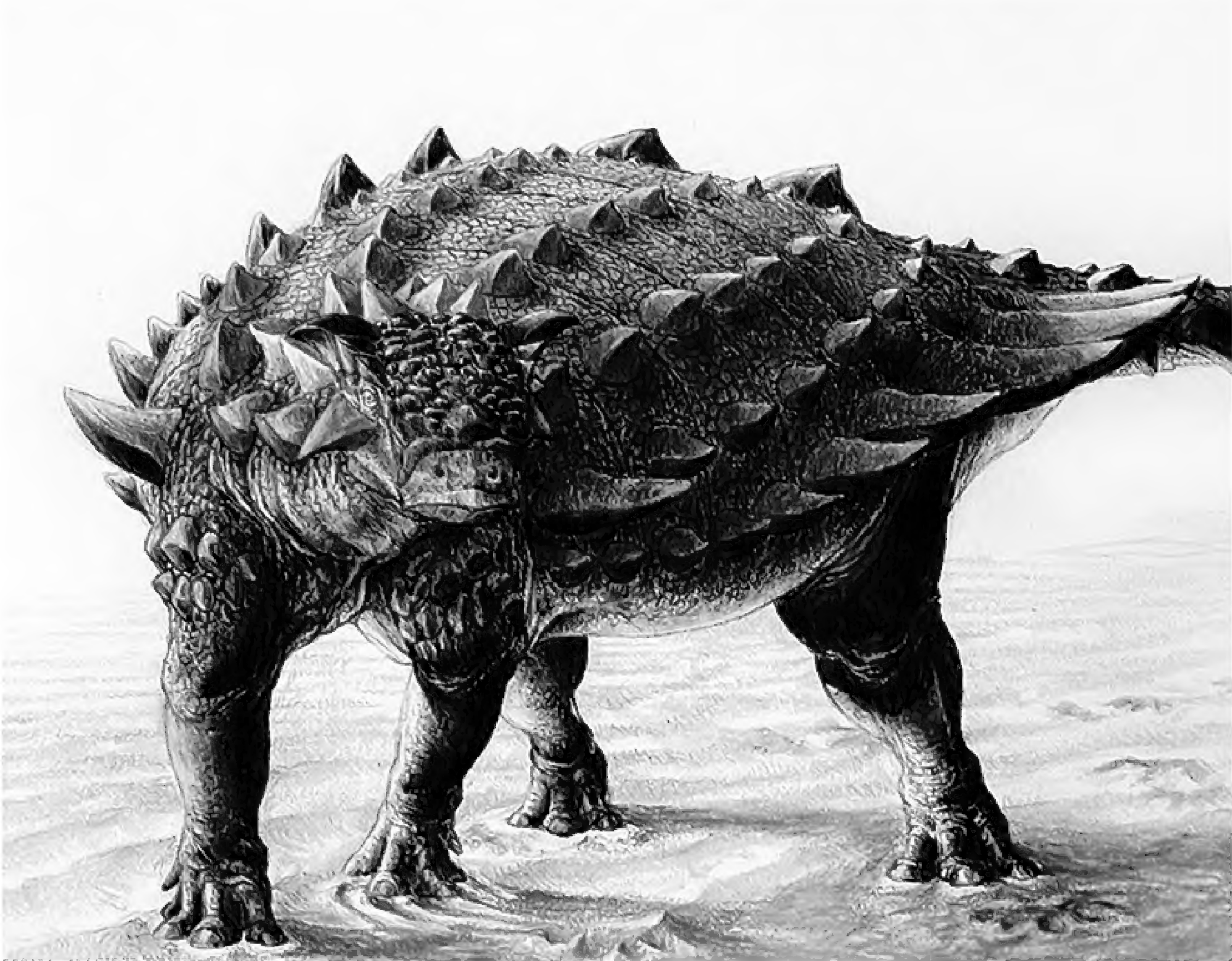
"There is another Ankylosaurid (in New Mexico) from the exact same formation, called Nodoceratops. So when we started looking at this skull we were very much expecting it to be a second specimen of that species," Burns said. "But it turns out it wasn't."

Ankylosaurid specimen fossils are common to the New Mexico area, but this specimen's skull was different. Rather than the conical "bumpy" ornament of the Nodoceratops, the new specimen — named Ziapelta sanjuanensis — had flat hexagonal scales more reminiscent of the Albertan species, Arbour said.

"It still has some features that are different from the (Ankylosaurid) in Alberta," Arbour said. "It has these horns on the back of its skull that are much bigger and droop downward. Instead of having a hexagonal plate on its nose, it has a big triangular plate."

Burns said the new dinosaur discovery has some exciting implications. During the Cretaceous period 66 million years ago, North America was divided into western and eastern halves by a water body called the Western Interior Seaway. The western continent, Laramidia, hosted the diverse Ankylosaurid distribution. It's thought that the northern and southern halves of Laramidia were home to two distinct dinosaur ecologies hosting the same types of dinosaurs, but different species. The Ziapelta specimen throws an interesting wrench into the biogeography of dinosaurs of that time, Arbour said.

Mongolia, which was part of Laramidia during the Cretaceous, shares a similar dinosaur fauna — or wildlife of a particular region — to Alberta. The Nodoceratops from New Mexico also shares some similarities to the Ankylosaurid



**DINO DISCOVERY** U of A paleontologists have assisted in the discovery of a new armoured dinosaur.

SUPPLIED

specimens from Mongolia. Finding an Albertan relative in New Mexico therefore ties the three locales together, which could answer some questions about the biogeography in that time period.

"There are two questions that this specimen helps us with," Burns said. "Are there actually two faunal

provinces? Or, what influence do migrating animals actually have on how we interpret the ecology of Laramidia?"

Coincidentally, the dating of Ziapelta places it into the narrow sliver in time — about 73 million years ago — where Alberta has a gap in the fossil record, and no Ankylosaurid

specimens are found. This means that instead of answering questions on long scale migration and biodiversity, the new specimen could be filling Alberta's gap in the record.

Burns said that one specimen can't definitively answer paleontological questions, but it certainly helps.



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# campus crimebeat

COMPILED BY **Richard Catangay-Liew**

## TOTO, I'VE A FEELING WE'RE NOT IN KINGSWAY ANYMORE

A couple of off-duty University of Alberta Protective Service (UAPS) members observed a suspicious male trying to enter a basement office area in the Education Car Park on Oct. 1. UAPS members on shift were dispatched and spoke with the male. He told UAPS he was attempting to fill his water bottle from a spout in the car park's lower level, which wouldn't be an issue — if it wasn't after midnight.

UAPS Acting Inspector Roth said there was a “host of other oddities” with the male after speaking with him. He said he had driven there and appeared intoxicated, although it's unclear under the influence of what substance. The man in question failed to produce a driver's license and proof of insurance upon request, although he did concede two needles and that he was a drug user.

When UAPS offered the man a ride downtown to where he lived, he said he didn't need one, as he planned on crossing the pedway — to Kingsway Garden Mall, which is eight kilometres away.

“The man obviously didn't know where he was,” Roth said. “We were concerned about him operating a vehicle and couldn't allow that to happen.”

The man's vehicle was towed and he was issued a violation for Failing to Provide Proof of Insurance along with a Trespass Notice.

“This was an odd one,” Roth said.

## VENDING MACHINE VILLAIN

Saville Community Sports Centre staff reported a coin theft from a vending machine to UAPS on Sept. 29. The crime likely occurred sometime between Sept. 26 and 28 and was also reported to Edmonton Police Services. Roth said vending machine theft isn't as common as 10 or 15 years ago, since most machines now more secure and accept debit, credit and ONEcards.

About \$150 in change was stolen from the machine. Luckily, no bags of Cheetos were taken in the ordeal.

## TOILET TAGS

A cleaning staff member in the Edmonton Clinical Health Academy (ECHA) reported to UAPS that a vandal had defaced a bathroom in the building on Sept. 30. The graffiti tags “Danger,” “Dai 1,” “SUPHR,” and “AFC 2014” were written in what appeared to be a black Sharpie marker, resulting in roughly \$30 to \$50 in damages.

The cleaning staff member also notified UAPS of a suspicious male in the area. UAPS approached the male and asked him about his conduct. The male told UAPS members he had served 12 years in jail for assault, robbery and drug offences. Because the man wasn't affiliated with the U of A, he was directed off campus with a Trespass Notice.

Roth said graffiti vandalism isn't common in newer buildings like ECHA, as cleaning staffs sometimes don't report them and clean it up themselves. Roth added that HUB



SUPPLIED

Mall facilities tend to see the highest frequency of graffiti vandalism because of increased accessibility.

To prevent vandalism — among other crimes — UAPS recently came to an agreement with the HUB Merchant Manager to ensure the public restrooms in HUB be locked around 10 p.m.

“There's no reason for anyone to be using the public bathrooms at that time,” Roth said. “But we're taking little steps to combat it.”

## BREAK N' ENTER

UAPS received a report of breaking and entering in the university's East Campus Village on, Sept. 21. A resident awoken by his roommate was advised that someone had accessed their residence during the night and taken property, including a couple suitcases.

The occupants located their missing property under a tree at a nearby residence while waiting for UAPS. When UAPS arrived on scene and began speaking with the residents, a female approached

the tree and claimed the property was hers. The female admitted to drinking and told officers she had been in East Campus Village in the morning searching for a place to sleep, but didn't admit to entering the residence in question. But UAPS suspected the female had entered the residence and taken the valuables, Roth said.

Roth said to prevent break-ins, it's important to lock the door, even if someone else is at home. It's also possible the suspect had “tailgated” someone before the door latched and locked.

EPS was notified of the instance, but didn't have enough information to arrest the female, so they escorted her off campus.

## IMMIGRANT INVESTIGATION

On Sept. 23, UAPS assisted the Canada Border Services Agency (CBSA) with an investigation regarding contractors on campus.

Five contract labourers — who affiliated with the U of A despite working on campus — were

identified and detained by the CBSA for further investigation.

## WINDOW WRECKER

On Sept. 30, a Michener Park resident alerted UAPS that their vehicle's windows had been smashed overnight. About half an hour later, another caller from Michener Park — in close proximity with the other vehicle — reported that their vehicle's window had been broken into as well.

One of the vehicles had change stolen off their console.

“Even if things like loose change are left in plain view, that can be enough for people to try and access a vehicle and see what else might be available, like in the glove box,” Roth said.

Roth said drivers should stow their belongings away in the trunk, under the seat, or behind the seat.

“If someone has a clear line of sight to something that they think might be of value, you open yourself up to potential for someone to commit theft,” Roth said.

gatewayNEWS

THANK YOU

ANTONIO BROWN

for helping Simon and the SU kick my ass in week 3

TO HELP RICHARD WITH HIS FANTASY TEAM, VOLUNTEER FOR NEWS ON MONDAYS AT 3PM



# Nanotechnology lab wins award for ingenious research

**James Davison**  
NEWS STAFF • @THEJAMDIDDY

Tucked into a corner of North Campus sits the National Institute for Nanotechnology, home to the Ingenuity Lab, where University of Alberta scientists hope to solve many of the world’s problems using nanotechnology.

Ingenuity Lab was recently awarded the “Best Nanotechnology Research Organization of 2014” from *The New Economy* magazine. Much of the acclaim the lab has received since its inception in November 2013 comes from programs it has spearheaded in water purification, cataract treatment and carbon emission sequestration.

Ingenuity Lab Director and biotechnology engineer Carlo Montemagno said he hopes these technologies can be deployed to become a global leader in nanotechnology while benefitting the environment and society.

“We’re looking at the problems up front, and crafting the solution to solve the problem,” Montemagno said. “We have these stakes in the ground of where we know we have to improve. We have to be better stewards of the environment. We need to be able to have high quality healthcare delivered. We have all these things that we want to do, so I look at, where can we use technology to leap-frog us to make us global leaders in those areas.”

Ingenuity Lab operates by identifying relevant issues such as carbon emissions and how they can be fixed with nanotechnology systems. These systems are developed from already-existing infrastructure found in living things such as plants and the human body. One of those technologies is a foam-like substance that uses the same carbon dioxide consuming process as plants to remove the gas from the



**IMAGINATIVE INVESTIGATION** Lab Director Carlo Montemagno is using existing nanotechnology and applying it to other projects.

JAMES DAVISON

atmosphere and transform it to collectable matter. This would reduce emissions, and also provide material for other applications.

The lab has also developed the aquaporin method, which uses a protein membrane to filter water more effectively than other methods used today. Aquaporin is found in many biological cells, including those in the human body. The lab aims to use this technology to extract waste products from mining

operations and remove chemicals from agricultural run-off. Montemagno believes the technology could bring clean water to millions who don’t have access to clean drinking water.

In addition to industry and agriculture, Ingenuity Lab has also developed a cost-effective method for treating cataracts, a blinding condition that affects about 20 million people around the world. The majority of individuals with cataracts

live in developing nations and cannot afford surgical correction. Montemagno said Ingenuity Lab hopes to produce an effective treatment of eye drops which uses molecular machines to destroy the cataracts, restoring some vision.

But rather than inventing new technology for the sake of invention, Montemagno said Ingenuity Lab seeks to use existing technology and employ it where suitable, which sets it apart from other research

organizations. “(Other research organizations) focus on developing or getting an understanding of nanotechnology and the likes,” Montemagno said. “The goal that we’ve laid out for ourselves is how do we leverage off of this technology to deal with societal, grand challenges. “Nanotechnology provides the opportunity for exercising unique solutions to problems that we previously thought were intractable.”

# Western U professor blazing new trails in cannabis research

**Kevin Hurren**  
THE GAZETTE • UNIVERSITY OF WESTERN ONTARIO

Researchers at the University of Western Ontario have taken their pharmacological study to new heights — or at least new highs.

After examining the effects of different marijuana doses in a variety of animal tests, a research team from the Schulich School of Medicine and Dentistry came to better understand the chemical consequences of drug use.

“Marijuana is a highly complex plant that has over 70 different chemical components,” professor and lead researcher Steven Laviolette said. “Some of these compounds have positive effects and some of them have negative effects.”

The negative effects Laviolette refers to include the paranoia and emotional imbalances caused by small doses of the drug. Specifically, Laviolette and his peers looked at the way these compounds interacted with cannabinoid receptors in the brain. These receptors, located in a region of the brain called the prefrontal cortex, have a direct link to our dopamine system. This system is a key factor in controlling our emotions.

“One of the major side-effects of marijuana use is a deregulation of emotional processing,” Laviolette said.

As such, the dopamine system becomes impaired and a state of emotional hyper-responsiveness is created. The researchers



**BUDDING RESEARCH** Researchers are working on a way to use the benefits of marijuana while preventing its side effects.

SUPPLIED

discovered, however, that this effect does not remain consistent with increased dosage.

“When we injected a much higher dose of the cannabinoid drugs we basically flooded the entire prefrontal cortex (and) we saw a blunting of emotional responsiveness,” Laviolette said.

Laviolette observed that after a certain point of exposure, test animals became numb to emotionally

salient experiences — a finding that further supports existing perceptions on long-term marijuana use.

“Often we see feelings of apathy in chronic users and this effect correlated with a shutting down of the dopamine system,” Laviolette said.

Though anecdotally supported, the findings were still a surprise for the research team. Postdoctoral fellow Michael Loureiro assisted Laviolette by writing and recording

experimental tests concerning the dopamine patterns. For Loureiro, the complete turnaround associated with increased dosage wasn’t expected.

“We didn’t know what we would observe in the prefrontal cortex regarding fear conditioning — so the first step was to study a single dose of the compound,” Loureiro said. “To our surprise, we observe a total opposite effect when we use

the second dose.” These conclusions not only offer a better insight into drug use, but can also be used to better control medical marijuana use. “Given that there’s so many people right now in Canada and around the world that are using medical marijuana for various conditions, ideally what you want to do is develop a way to avoid some of these undesirable side effects,” Laviolette said.

■ **“Some of these compounds have positive effects and some of them have negative effects.”**

STEVEN LAVIOLETTE  
PROFESSOR, UNIVERSITY OF WESTERN ONTARIO

As such, the research team also used antipsychotic medication to prevent both the paranoid behaviour induced by low doses and the blunted emotional responses brought on by higher doses.

“What we’re doing now is sort of teasing apart these different chemical components of marijuana and trying to link these different chemicals to specific neurotransmitters in the brain,” Laviolette said.

“The ultimate goal is to develop novel pharmaceuticals that contain all of the benefits of marijuana while at the same time preventing or reversing the side effects that are associated with them.”



# Campaign rolls out awareness for gender inclusivity

**Collins Maina**  
NEWS STAFF • @COLLINS\_MAINIA

Inclusivity was the key message last week as Washroom Awareness Week which sought to promote all-gender washrooms on campus.

The campaign — put together by The Landing, the OUTreach student group, and the Institute for Sexual Minority Studies and Services (iSMSS) — aimed to share awareness of the all-gender washrooms on campus.

“Washrooms, for many people, can be incredibly fraught, dangerous or unsafe spaces,” iSMSS Director of Programs and Services Kristopher Wells said. “This washroom campaign is really just to bring visibility and hopefully conversation on how we can make our campus a safer and more inclusive space for everyone.”

The awareness week promoted an online map found on the U of A’s website. A map layer, developed by University Digital Strategy and located under the ‘quick finds’ menu, reveals all gender-inclusive washrooms across the U of A campuses.

The campus map reveals at least 12 buildings on campus with at least one all-gender washroom in each. Buildings around, and including, the Students’ Union Building (SUB), the South Academic Building (SAB) and the Edmonton Clinic Health Academy (ECHA) have the highest number of inclusive washrooms on North Campus.

A Twitter campaign and contest encouraged students, faculty and staff at the University of Alberta to upload photos of all gender washrooms on the map using the hashtag #washrooms4all to increase awareness online.

iSMSS Sexual and Gender Minority Equity Advisor Alexis Hillyard said the map has been online for roughly a year, adding that there is a need to get the information to students it would serve best.

The campus’ favourable reception was a positive step, she said, but there is still more to be done to make campus facilities more inclusive. Since the online map’s inception last

fall, Hillyard said the number of people who use gender inclusive washrooms has grown.

“We are helping to create that awareness in different spaces across all of our campuses so we can find where the holes are and where to make more change,” she said.

■ **“We have recognized that we need to do more and we are taking steps to get there.”**

KRISTOPHER WELLS  
DIRECTOR OF PROGRAMS AND SERVICES, ISMSS

But it isn’t just an issue for trans students on campus, Wells said.

“Identifying these all-gender washrooms on campus is about universal inclusion,” he said. “There are many people regardless of their identity who want increased privacy, who don’t feel safe in traditionally gendered bathrooms, or who have a particular medical reason that has to be accommodated.”

Wells said he hopes the awareness campaign can spark self-reflection on the inclusivity of campus policies, practices and procedures.

He also said this is just a “piece of the puzzle,” as the U of A is committed toward providing a safe and inclusive atmosphere on campus. This institutional commitment is carried out as per recommendations found in iSMSS’s 2013 Safe Spaces and Climate Report — which outlines steps for how the U of A can become even more inclusive.

For the future, Wells and Hillyard said Washroom Awareness Week should leave a lasting dialogue that highlights the need for more all-gender washrooms on campus. They added that new buildings on campus should also incorporate all-gender washrooms into their blueprints.

“We have recognized that we need to do more and we are taking steps to get there,” Wells said. “Part of it is responding to the needs of our community and making that commitment to build a more welcoming space.”



**INCLUSIVITY** A campaign aims to increase awareness about gender inclusive washrooms.

CHRISTINA VARVIS

## Love of God

**W**e can argue that the existence of pain and suffering and of evil, suggests that God does not exist, but we cannot deny that we each have a conscience which tells good from bad. If then we are interested in understanding pain and suffering or what evil means, we should pay more attention to the choices we make. Our thoughts, what we do and what we fail to do, all matter. Choices affect not only our lives but the lives of others. With a closer scrutiny we may not be entirely satisfied with who we are and we may desire transformation to a person we can be proud of. One way to start is by repeating the following words:

*“God if you exist, come into my heart and clean it. Teach me to love you and to love my neighbor as myself. I am sorry for the bad things I have done and the bad thoughts I have had about others, please forgive me and please help those that my actions and my words have brought pain to. I promise to pay attention to what I do, minute by minute, hour by hour.”*

*If we are serious about a change of direction, then we should be prepared to set aside time daily to pray and we need to put our faith into action.*

*“You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven.”*

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# Opinion

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EDITORIAL COMMENT

## Ebola’s arrival in western world could mark its end

THE EBOLA HEMORRHAGIC FEVER HAS QUICKLY SPREAD through five African countries, with death tolls rising into the thousands, and now it looks as if the outbreak is spreading to a number of first-world nations.

This outbreak isn't the most deadly epidemic in recent history (yet), but it's the largest infection of Ebola since the disease was first discovered more than a decade ago. While cholera had a higher death rate during the Haiti epidemic in 2010, Ebola is arguably scarier, as it's being publicized as the end of the civilized world.

Ebola is considered mildly contagious, as the disease isn't transmitted through air particles, like measles or influenza. However, it is highly infectious. Any contact with the bodily fluids of an infected person can spread the illness. This becomes a problem when family members or friends are trying to help the infected, as the symptoms are very similar to that of the flu. Couple that with the potential for a fatality rate that in past outbreaks has risen as high as 90 per cent, and it's understandable why so many are panicking.

Unfortunately, no one in the western world was as worried about the outbreak at first. Little aid or media coverage was given to African nations struggling with the outbreak. But this all changed last week.

As of September 28, the United States has hospitalized its first Ebola patient, with 49 others being closely monitored for symptoms. This is probably the best thing that could happen for Ebola. Not for the disease itself though, but for its potential treatment.

Before this, Ebola had only been concentrated in third-world countries that don't have the money or resources needed to treat a large-scale epidemic like Ebola is quickly becoming. Liberia is on the brink of collapse and Sierra Leone went under lockdown for three days.

The World Health Organization has stated "there is no treatment or vaccine" for the disease. Treatment currently consists of providing those infected with food, electrolytes and keeping them hydrated. The United States has both the resources and the medical funding to give those infected this treatment.

The reaction to the Ebola outbreak by countries with the resources to help has thus far been astonishingly slow, both with aid and attempts to create treatment drugs. The disease first started manifesting in West Africa on a large scale in April, and financial aid only began picking up speed in August, once the disease had become a crisis. \$100 million in aid was totalled in August, which was double what was given from April to July combined.

As for aid in the way of treatment, there are a few experimental drugs that have been created, but are barely being tested and not being created nearly fast enough considering the speed at which the epidemic is growing. But there's little incentive for pharmaceutical companies to create drugs for third-world countries that barely have the resources to deal with the epidemic on their own.

Currently there is an experimental drug called ZMapp being produced by a Toronto-based company. It has been administered to a few people as it is in the experimental stages, and it mainly works as a way to balance electrolytes and maintain oxygen status and blood pressure. It isn't a vaccine; it's a therapy drug.

The FDA approved administration of ZMapp to a few patients in West Africa, but as the drug was given to all of them at different stages of the disease, it was impossible to tell if the drug was effective.

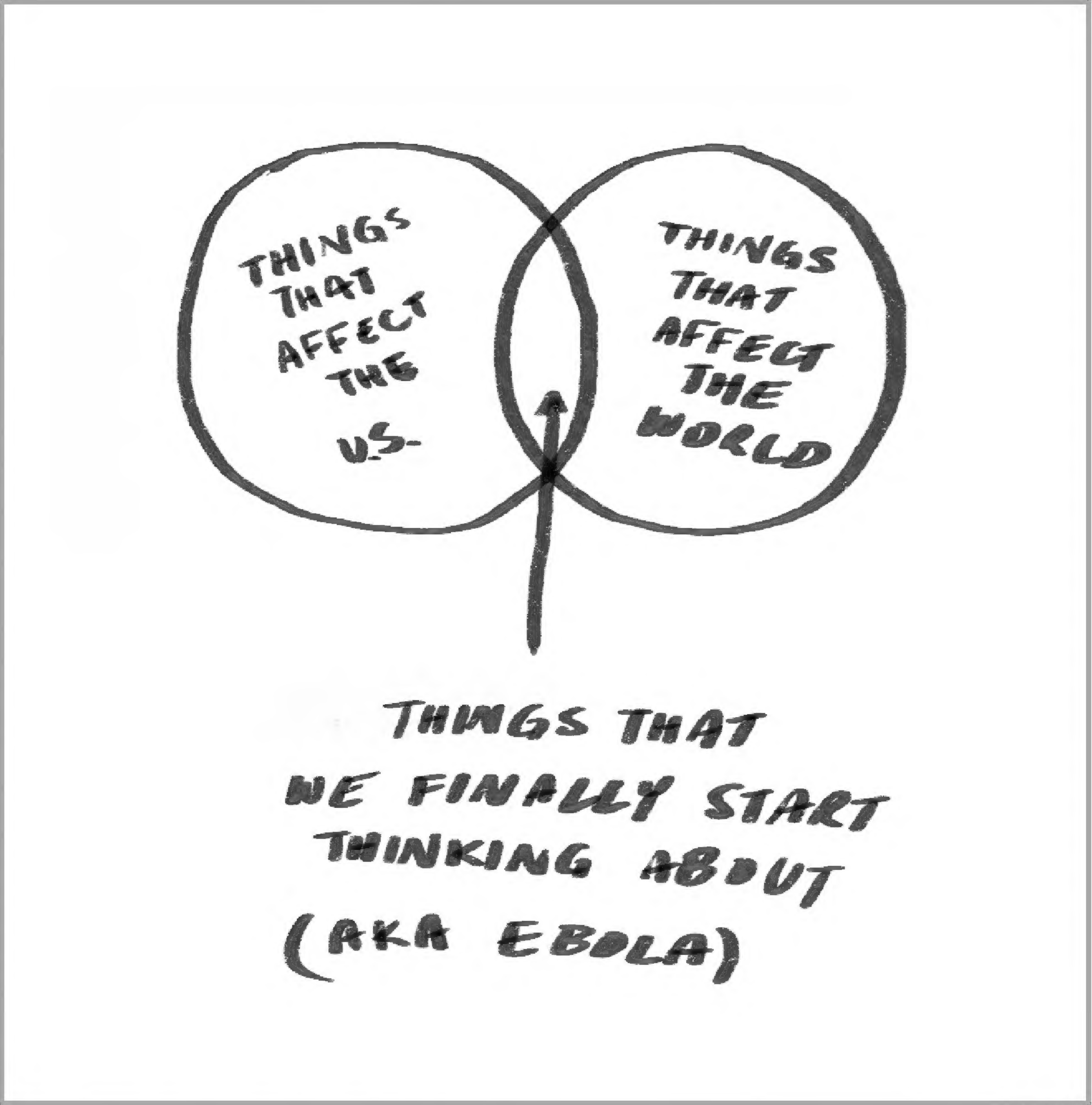
As they had only created a tiny amount of the drug to test, and there were no clinical trials done with their drugs, it's clear that there was no huge rush to get a large amount of treatment available quickly for the countries in need. But that tune will have changed now that the disease is on America's very rich doorstep.

There's more motivation to accelerate work on drug development that could prevent the disease from spreading further. Apart from the fact that there's no longer an ocean between the safe haven of first-world nations and Ebola, there's also now huge profit incentive to selling treatment drugs. Helped along by the multibillion dollar health care industry, there's now a huge reservoir of potential cash to be made should the disease spread.

While not particularly infectious, the fact that the disease doesn't show symptoms for up to two weeks after exposure means that while the U.S. has the ability to potentially treat Ebola, even more people than the 49 being monitored for symptoms, could currently be at risk of passing along the infection.

With the potential for Ebola to spread through America, the chances of a cure being found have skyrocketed. But not from the goodness of Big Pharma's hearts. The cure is going to come at a cost, but the presence of a cure could still at least be sold to some of the countries more broadly affected, and hopefully the disease will start to be battled more effectively.

**Kieran Chrysler**  
ARTS & CULTURE EDITOR



JESSICA HOWE

## letters to the editor

### Students’ Union response to Dewey’s critique

Re: “No beers for what seemed like years,” by Andrew Hawryluk, *The Gateway*, Sept. 28, 2014.

Dear Editor,

Dewey's has recently undergone some pretty large changes, as an article in last week's paper points out. As with any major change, growing pains and an adjustment period are to be expected. That said, I'm now happy to say we're already seeing the fruits of our labours. Dewey's was up \$24K in revenue this September which is over 50 per cent higher than September last year. The new system we've installed also allows us to better comply with liquor laws, and tremendously reduces the cost of our point of sale system.

It sounds like the author had a dissatisfactory experience while Dewey's was switching over to the new service model. I hope that *the Gateway* also will take note of the hard facts on the ground: students are speaking with their wallets and coming back to order more pints in clear approval of the new system, and a more successful Dewey's means more funds that the Students' Union can direct back to improving the student experience in other ways.

Thank you.

**Cory Hodgson**  
STUDENTS' UNION VICE-PRESIDENT  
(OPERATIONS AND FINANCE)

### FROM THE WEB

#### Man on campus an inspiration

Re: “Five years later, victim seeks justice in unsolved case,” by Andrea Ross, *The Gateway*, Sept. 30, 2014.

Hey. Thanks to people like Shane, kids like me with brain injuries (meningitis squished my brain and left me in a wheelchair) can push forward. I am studying part time at the university before starting next fall and I pass Shane sometimes on my way into the school with my cane ... if I ever find the guts maybe I'll stop to talk sometime.

**Jen D.**  
VIA WEB

#### Gender wage gap more complicated than it seems

Re: “Everyone should be a feminist,” by Shakiba Azimi, *The Gateway*, Sept. 28, 2014.

I was right with you: until you mentioned the wage gap. Then I started groaning.

If we're going to continue using the wage gap, use it correctly. This gap was initially obtained by averaging the earnings of all men and women working full time across all professions. It did not account for differences in occupation, tenure, position, and hours worked per week, among other things. Men appear to earn more

than women because they are more likely to be in higher positions within a work place, more likely to work high risk high pay jobs, and more likely to work more hours per week. When you account for these differences, the wage gap becomes negligible.

Is this still an issue that needs to be addressed? Certainly — particularly when you consider how few women are in high ranking positions across the work force. Should wage discrimination be addressed when it arises? Yes. But claiming that women are blatantly paid less for doing equal work is largely false.

And FYI: I do count myself as a feminist. And misrepresentation of the issues and misuse of statistics is not helping us in the least.

**Lauren**  
VIA WEB

*Letters to the editor should be sent to letters@gateway.ualberta.ca (no attachments, please).*

The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libelous or otherwise hateful in nature. The Gateway also reserves the right to publish letters online.

Letters to the editor should be no longer than 350 words, and should include the author's name, program, year of study and student identification number to be considered for publication. Richard is my dad.

What happened to the art of sending in a handwritten letter? To putting your own blood, sweat and tears into your message? Modern technology has made everything so basic.





# Photo radar defence misleading



**James Davison**  
OPINION WRITER

The City of Edmonton is doing itself no favours dealing with a recent photo-radar enforcement controversy, acting elusive and misleading in how it represents facts surrounding the issue.

An Edmonton resident, Patrick Dyas, has started an online petition calling for an end to what he says is the city's flawed "traffic radar revenue system," claiming it's a cash grab rather than a safety program. The city administration has responded to the issue no differently than in years past, claiming the only solution is simply not to speed.

While the merit of the photo radar system is up for debate, the system's structure and recent growth are a little sketchier. In 2007, a city council report estimated that its photo radar program would cost \$6.7 million to taxpayers from 2008 to 2012, a number which has mysteriously jumped to \$53.6 million, as reported by the City

Auditor. Why is there such an increase? The city's initial estimates were based on the operation of 29 photo radar enforcement units, but have since been bolstered to 77. The city claims that this increase in photo radar stations is justified and that fewer people are speeding. Collisions involving injuries or fatalities apparently dropped from 2007 to 2013, from 7.44 out of 1,000 to 3.89.

Citing these numbers as proof that photo radar is working is irresponsible, because it doesn't take into consideration any other data the city itself has published. The Office of Traffic Safety's 2013 Motor Vehicle Collisions Report shows that there has actually been an increase of 4.5 per cent in the number of collisions from 2012 to 2013. Even though fewer people are being injured, there are actually more collisions occurring on average in that time. The city appears to be whitewashing its case for the photo radar program, acting extremely selective in what it presents to the people.

With this foggy reporting by the city, it's understandable that people are upset. Edmontonians are being told to shell out money for travelling as little as two kilometres per hour over the speed limit, in the name

of safety, yet the numbers used to back up the safety claim seem to be misattributed. The city needs to reevaluate its hardline response to speeders, and should open the floor to third-party, impartial analysis of their photo radar program. While they have stated that some efforts will be made internally to look at the program's effectiveness, the city has already formed a shroud of distrust around the issue.

More traffic enforcement isn't necessarily a bad thing. More cameras around the city means that people ripping down the road are more likely to be caught. The problems start when the city reduces the margin for error to just above the speed limit, effectively making it easier to speed.

Edmonton should follow the example set by Strathcona County, who abolished mobile photo radar enforcement in 2011 and instead hired more peace officers to actively monitor the roads. Technology still lacks the ability to discriminate, whereas enforcement professionals are able to exercise judgement in the proper enforcement of the law. Until the city gives full disclosure, and shows it can be trusted, it shouldn't be in a position to operate photo radar enforcement.

#3LF

three lines free

Got something that you need to get off your mind? Either email us at [threelinesfree@gateway.ualberta.ca](mailto:threelinesfree@gateway.ualberta.ca), tweet @threelinesfree or message us at [www.gtwy.ca/threelinesfree](http://www.gtwy.ca/threelinesfree)

What computer software were computers using before Microsoft was invented?  
Damn son. You looking fine as chicken nuggets.  
all I want is to tell you I love and make you want to stay  
I didn't mean to like your photo on Facebook. Stupid mobile app.  
Missed connection: girl your eyes are temprature of your heart.  
Remember sleeping?  
Too much homework now  
I miss my nice bed  
wine is love  
wine is life  
HULLO  
If the prof specifies that there are tissues and cough drops at the front before the midterm, MAYBE YOU COULD TAKE THE HINT AND USE THEM.  
It's a good thing my liver is flexible because a lesser man would be dead  
HULLO THERE  
Canopy shadow  
Provides false refuge  
For idiot clown

My anaconda don't want none unless your bun's fun, hun  
I really like scarves  
Leather boots are my jam, okay? Don't start me on leaves  
The Gateway misfits put themselves on their own marble pedestal. Barf.  
Whaaaaa's in the booooooox? i think i've seen half of you on tinder  
Watching the Ranch add debacle from last week is pretty much watching the equivalent of a "ni\*\*a moment" from the Boondocks.  
Tinder works both ways....  
I'm just so angry all the fucking time  
I'm just so goddamn happy every fucking day  
butts  
Hey you, take some time and question how you'll be a doctor saving people if you ain't got a heart.  
Snap  
Five syllables here  
Seven syllables there  
Are you happy now?  
You don't think I saw you Snapchat

that inappropriate picture of the girl beside you? I SAW YOU.  
WHAT'S IN THE BOX!?"  
"Give me Netflix or give me death!"  
-The mantra of procrastinators everywhere.  
It all returns to nothing,  
It all keeps letting me down,  
letting me down, letting me down  
One two three Jon  
If you think being called basic and white is racist, get over yourself.  
easy peazy chicken squeezey  
Three times. Three sets of bed-sheets. #ImASquirrel #IBelieveNow  
I'm fucking the secretary >:D  
The Gateway nominated itself for the marble pedestal. Unbiased journalism at its finest.  
It will make them mad,  
But it will help change the world: That is how truth works.  
don't even get me started  
Im pretty bad at reading signals.  
Had a girl tell me "I'm sleeping in your bed tonight" and my thought was "but then where am I going to sleep?"  
I'm basic too, what's the big deal



**gateway** OPINION  
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CALL TO MEMBERS

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october 24, 2014 at 5:30pm  
more info at [apirg.org](http://apirg.org)  
Wheelchair Accessible





# ALUMNI ASKED & ANSWERED

with  
**Ross Lockwood**

'08 BSc (Hons)

## Current Occupation:

PhD Candidate in Condensed Matter Physics

## Favourite campus memory?

As the TA for the University of Alberta Observatory, I orchestrated the Halloween 2013 prank where we dressed the telescope domes up as pumpkins. We were worried we'd get in trouble, but everyone that saw it, faculty included, thought it was an excellent and profile-raising prank.

## What's the one piece of advice you'd give a current U of A student?

Find a small club with one of your niche interests or start a club of your own. The relationships you develop in the clubs on campus will be stronger than you've experienced before. I made some lifelong friends on and off campus through the U of A scuba club.

## Best procrastination activity?

Hands down, exploring the Biological Sciences building. So far I've found the fridge that (allegedly) stores parts of the Ogopogo, a staircase inside of a room, and the palaeontology centre (where you can volunteer) in the sub-basement. At this point I've got a pretty well-developed mental map of that building.

## Favourite course or professor?

PHIL 325 – Risk, Choice and Rationality with Dr. John Simpson, far and away the most information-dense course with real-life applications. Anytime I make an important choice, I always pose it in the framework that we learned in the course. It's made some very difficult choices much easier to process.

## What impact has the U of A had on your life?

The U of A has been very supportive to me, and it's allowed me to discover opportunities that I don't think I'd have been exposed to elsewhere. Knowing that without the U of A I probably wouldn't be a scuba instructor and I definitely wouldn't have participated in the HI-SEAS Mars simulation means that it was all worth it to me.

[alumni.ualberta.ca/students](http://alumni.ualberta.ca/students)



KEVIN SCHENK

# Canadians not motivated to exercise their right to protest



**Nelson Nolan**  
OPINION WRITER

You can bring your baby, your radical friends, your mother or anyone you can find while you gesticulate with signs. Protesting has long been a formation of our faculty for change. It has been the spark that splinters into revolutions throughout history in its inevitable blunt confrontation with authority. It's often Us vs Them, but also Us for All in consensus. Sometimes it's for bread, like the wielding women in their March on Versailles, and sometimes we just like to occupy places when we feel the one per cent is getting too fat from drinking the milk of the whole.

There's no doubt Canadians admire a forthright protest in other parts of the world, but it seems we don't exercise the practice as often or as in concentrated masses as our motivated counterparts across the world. Does this mean we've lost sight of our contemporary political objectives, disillusioned in consumerist contentment? Maybe if protest were illegal, it's possible it could happen more frequently in Canada, like jaywalking or loitering in bus terminals. We may not have figureheads and statues to topple, but we're not at a point where we should lay down the pickets and

stand behind our laid-out fences. Unlike many other nations, we don't even have to protest for our right to protest.

It must be invigorating to feel in literal motion towards enacting change with your voice and legs, becoming a direct political agent when change cannot come fast enough. When we watch from our Lay-Z-Boys at home in full recline, it's easy to cheer on the people in motion facing off against the despotic dictators, the tyrannical totalitarians or some guy called Gaddafi, but there's also much to lose for protesters. When we watch the students in Hong Kong protest to freely elect a leader, we see the recoil that large protests can have when Triad gang members abuse the peaceful effort of others with fists. Protest can become the people's weapon that turns on them when devolution into violence ensues in the chaos, hijacked by those who feel they can act anonymously because they're wearing a mask or because it will go unnoticed.

Sometimes protest is simply a catalyst for the wheels of a merry-go-round that eventually mires as we have witnessed in Egypt, which is now controlled by the same military that fell in the initial revolution in Tahrir Square. In Syria, a peaceful protest erupted into a fight between the biggest boys on the block, exposing militant factions of society's underbelly, such as ISIS. You never really know what you're going to get, yet we see the

protesters brace themselves until something breaks.

So what exactly should protesters do when a torrent of human expression results in turmoil? It is hard to ask someone to stay out in a square and be bombarded with tear gas and rubber bullets. It's hard to expect people to persist when they are made to kneel in a line and be pepper sprayed and it is even harder to watch someone get shot. But when values in their rudimentary form are paramount to our wellbeing, the sacrifice will always be made. It is a beautifully natural process that follows the J-Curve, and as a student on the other side of world, one cannot help but wonder what vice would lead me to take the streets? Would it be a tuition hike? Would it be a war? Protesting is the most postponed form of political action and I'd hope I could resort to something else first. I wish I could vote on pertinent matters more often in the way of a direct democracy. I wish I was part of the decision making process as a civic republican.

Unfortunately at this time, as I am plugged into 10 screens projecting the tribulations of our times and have nothing to die for myself, I feel Kurt Vonnegut was right when he said, "One of the few good things about modern times: If you die horribly on television, you will not have died in vain. You will have entertained us." Turning off the screens, it's possible you may realize there is something to galvanize for, even if it's just a personal protest.

## the burlap sack

COMPILED BY **Richard Catangay-Liew**

There were two things FOX was good for in the 90s: giant robots during NHL broadcasts and Saturday morning cartoons.

When the NHL left FOX in 1999, I was content, as I still had Gambit, Agumon, Spiderman and Cheeter to fill the void left by Steve Yzerman and Joe Sakic's departure. Kids these days won't have that satisfaction.

Last Saturday, the CW nixed *The Vortexx*, the last American channel airing cartoons on Saturday

mornings.

Now, I haven't watched cartoons for some time, so my angst is purely nostalgic. But I woke up at 6 a.m. on Saturdays — which was significantly earlier than I did on weekdays — just so I could watch my favourite Digimon finally digivolve into ultimate form or relive that legendary *X-Men* animated series intro every week.

Yeah, Netflix has most of these programs, but excessive TV binge watching whenever and wherever you want isn't the same as looking forward to waking up on Saturdays just to see your favourite cartoons. Now kids won't get that same chance. My anticipation built up over the week while

learning how to write in cursive (which we don't even use anymore) and solve pointless long division math problems was all worth it every time Wolverine punched lame ass Cyclops in the eye.

But now it's time to discard Saturday morning cartoons along with Sega Genesis, Bop It and Dunk-a-roos (that don't suck) to the fading list of my childhood favourites from the '90s.

But at least FOX still has *American Idol*, right?

*The Burlap Sack is a semi-regular feature where a person or group who needs to be put in a sack and beaten is ridiculed in print. No sack beatings are actually administered.*



# Gluten-free diets not a suitable option for all

For 99 per cent of Canadians, the gluten-free diet they're being sold is potentially too unhealthy and expensive of a lifestyle to lead



**Nathan Bird**  
OPINION WRITER

Less than one per cent of Canadians have a disorder called celiac disease. For anyone affected by this disease, cutting out gluten — a protein found in certain grains like barley and wheat — is a necessary restriction. But for the remaining 99 per cent of us, there's no solid evidence that using a gluten-free diet is a good idea.

Yet gluten-free diets have become trendy even among non-celiacs, many of whom are convinced that gluten is somehow bad for them. Even people who don't subscribe to it tend to think that a gluten-free diet can have benefits. At worst, most people seem to see it as a slightly ridiculous, but harmless fad.

But they're wrong. In fact, it's a serious problem.

In part, this is because a huge portion of the food industry now has a vested interest in getting people to falsely equate "gluten-free" with "healthy." At my local Safeway, for instance, a prominent display now offers incoming customers a brochure on "gluten-free living" — and it's clearly not just targeting celiacs.

Granted, the brochure begins by asking "what is celiac disease?" But it contains very little information to answer that question, with no list of symptoms and no mention of the fact that it's a heritable autoimmune disorder. Suspected sufferers aren't urged to consult a doctor, and a web address provided "for more information"



NATHAN BIRD

simply reiterates the brochure, word-for-word.

Strangest of all is that the very first sentence in the brochure is technically incorrect. "Celiac disease," it says, "is a medical condition in which the absorptive surface of the small intestine is damaged by a substance called gluten." In fact, this damage is caused

by the immune system — that's why celiac disease is considered an autoimmune disorder. Gluten merely triggers the attack. By failing to make this distinction, the brochure risks giving the impression that gluten is inherently harmful to everyone, which it isn't.

It's possible this is just lazy writing. After all, the second part of the

brochure is redundantly titled "Where at Safeway can I find Gluten Free products at Safeway?"

It's also possible that this brochure is deliberately meant to direct non-celiacs towards Safeway's special "gluten-free" section, and a quick price comparison might explain why. I randomly chose three items from

Safeway's gluten-free section and compared them to gluten-containing equivalents. It turns out that all three of the gluten-free items were the most expensive version of that product in the entire store, beating out "high fibre," "trans fat-free," and even "organic" alternatives.

For instance, a staple of student diets, macaroni and cheese, cost \$2.65 / 100 grams for gluten-free brands, but the most expensive gluten option was just \$2.35 / 100 grams. Gluten-free pancake mix and chocolate chip cookies cost 12 cents and \$1.32 more respectively than the most expensive gluten option.

In fact, most of the gluten-containing products were much cheaper. Most chocolate chip cookies were closer to \$1.00 / 100 grams, and most pancake mixes were around 50¢ / 100 grams. The gluten-free brands cost \$3.52 / 100 grams and \$1.05 / 100 grams, respectively.

But the problem doesn't end there. In addition to costing people more money, disparaging gluten risks misdirecting people's efforts to maintain sensible, balanced diets — for their families as well as for themselves. Safeway's gluten-free section consists almost entirely of what most people would call "junk food" (granola bars, cookies, cake mixes); and eating strictly gluten-free involves giving up a huge swath of delicious and nutritious dietary options.

People's health and quality of life can be dramatically affected by nutritional misinformation — particularly those with a tight budget, allergies or other dietary restrictions. For their sake, if nothing else, we need to stop making excuses for those who spread such misinformation.

## Self-righteousness a simplistic detraction to nuanced discussions



**Nathan Fung**  
OPINION WRITER

I probably like Bill Maher more than the next guy. It's hilarious when he criticizes the ease at which the United States heads for war or the lunatic antics of people who think it's a smart idea to take their rifles into the toy aisle. That being said, he isn't without his faults.

Maher recently went on a diatribe about the Muslim faith, suggesting that somehow it's inherently anti-liberal. Following his bellicose spiel was no shortage of critics such as Reza Aslan calling Maher racist, Islamophobic and selective in the facts he used to build his argument.

All that may be true, but there's something much more fundamental worth looking at in Maher's statements, and that's the problem of thinking so self-righteously.

Throughout his speech, Maher shows that he's utterly convinced that he's fighting the good fight for liberal ideas, making a righteous stand against whatever ideology that stands to threaten them. He doesn't doubt that he's doing the right thing, and thus, when he throws all the non-fundamentalist Muslims along with those who are under the bus, it's doubtful he even realizes what he's doing. If he weren't so convinced, he wouldn't go on about this argument to such

lengths while ignoring all the other rational explanations for the prominence of violence in that part of the world. The same goes for those in Maher's audience that applauded him.

They probably think that Maher is being the hero they deserve, and the one they need. Heck, that's probably what Maher thinks too, and it just goes to show the intoxicating effect of righteous indignation.

Having a theological predilection for self-righteousness blurs the line between perspective and reality. A frustratingly sophisticated and nuanced reality is replaced by a simplistic narrative of heroes and villains, right and wrong, black and white. It turns the public discourse on sensitive social issues into stories of good and evil that are digestible for a 12 year old raised on a diet of Michael Bay movies. If only everything really was that simple.

Acting this self-righteous can lead to an overly simplistic understanding of things, but the consequences aren't limited to the individual at hand. In his monologue, Maher pits liberals against faith, and you're either one side standing for good, or you're on the other.

This clearly becomes problematic with an extreme example: the Israel-Palestine issue. Depending on who you ask, either the Israelis are imperialistic conquerors or the Palestinians are theocratic terrorists.

This kind of simplistic characterization leads to the eventual dehumanization of the opposing

side. We also see this to a smaller degree in the Hong Kong protests: either mainland China is evil and therefore those from the mainland deserve our ire, or the protestors are fools being manipulated by foreign agents. When someone on one side is so fixated on the villainy of the other, they fail to notice how they actually start thinking the same way.

**Having a theological predilection for self-righteousness blurs the line between perspective and reality. A frustratingly sophisticated and nuanced reality is replaced by a simplistic narrative of heroes and villains, right and wrong, black and white.**

So how is acting so self-righteously so appealing when it can be this problematic? Probably because it makes people feel good. It's good to be the good guy, thus arguments that appeal to emotion become that much more persuasive. So try being more skeptical about your idea when you're about to go on some righteous rant, or when you hear other people give one themselves. After all, you wouldn't be so lenient when the other side of the debate talks like that.



**SELF-RIGHTEOUSNESS** Was exemplified in recent Bill Maher comment SUPPLIED: ANGELA GEORGE



EXPOSING

FILM

Develop your knowledge of analog photography with this handy guide

Words and photos by **KEVIN SCHENK**  
Layout by **JESSICA HONG**

WHY FILM?

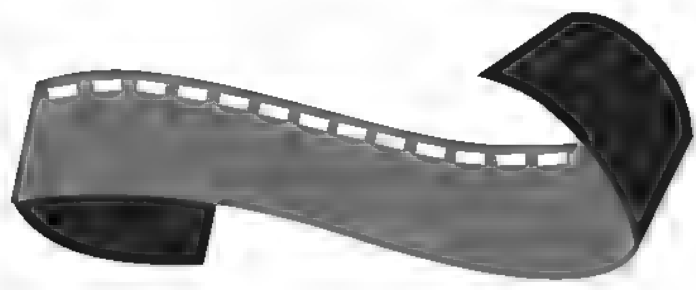
Film photography is slower, more complicated and easier to screw up than digital — that’s why digital rapidly overtook it. But it’s also why many photographers still love shooting film, whether they shoot it exclusively or only go through a roll or two per year.

The entire process of taking a photo is slowed down with film. The photographer is forced to think before taking a photo since a typical roll only has 36 shots in it. There are also less distractions; there’s no LCD screen to review a shot right after taking it and since ISO is based on the film, there’s one less setting to worry about.

Another common reason to use film is for the look. Although there are tons of digital filters and tools that try to emulate the look of film, like VSCO and Instagram, most of them miss one important aspect: digital noise generally looks bad while film grain generally looks nice. This comes across best in black and white photography and films with higher ISO numbers.

Film photography isn’t just for advanced photographers; most well-known photographers started with film when they were young. Using an all-manual film camera forces you to learn how to use every setting and how they interact. Using film also teaches the mechanical process of photography, from the way the shutter works to the similarity between the film and digital sensors.

The future of film can seem dire. Kodak and Fujifilm are slowly getting rid of their film lines and the majority of film cameras still in production are for high-end professional use. But other companies like Ferrania, Ilford and CineStill are keeping it alive. Although it’s not as popular as it once was, film photography is definitely still around.



BUYING A FILM CAMERA

It’s not possible to shoot film without a film camera and it’s not worth buying a new one with so many great used options available.

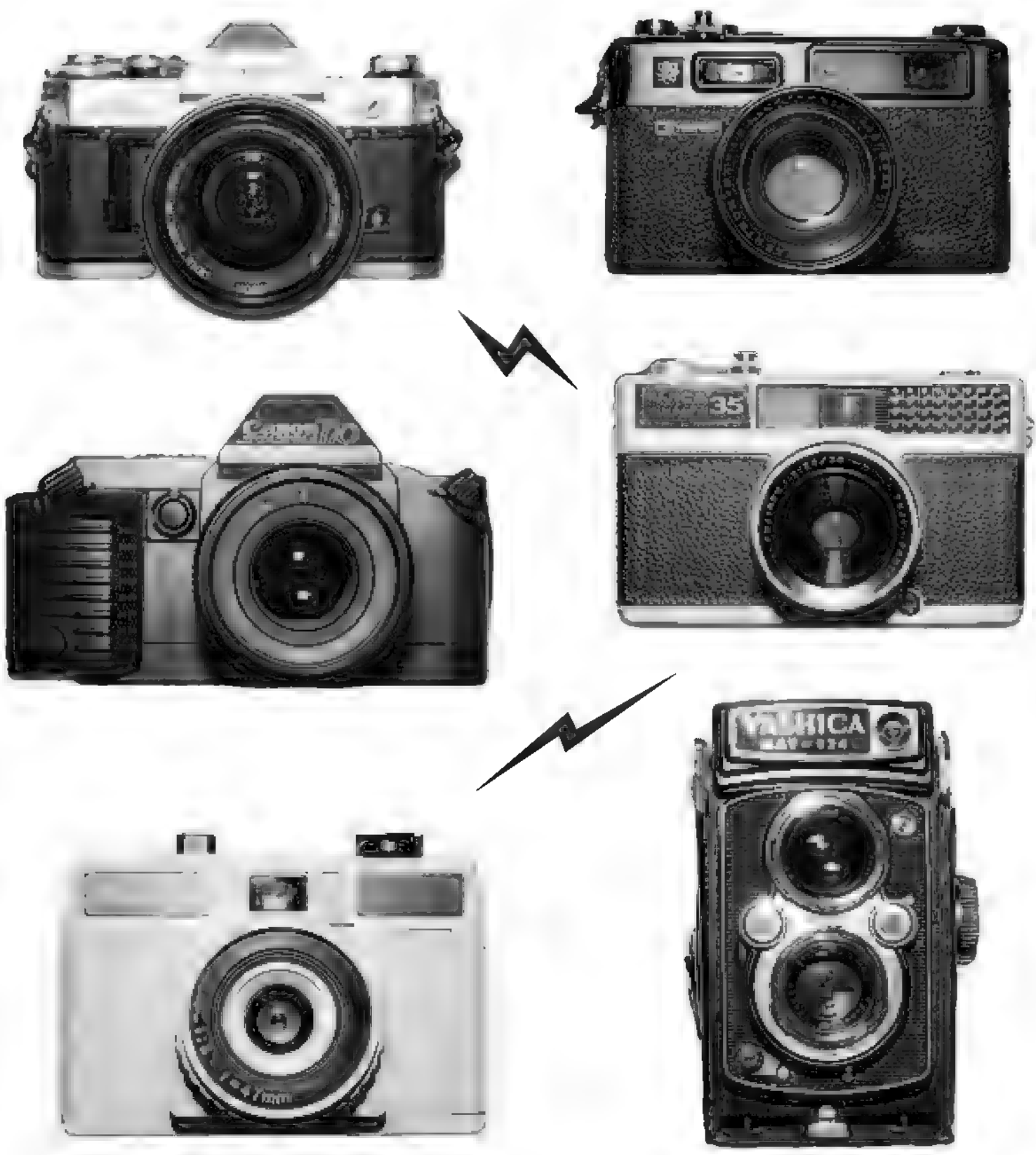
I recommend starting with a film SLR, as they were the most common camera and the cheapest to start with. They’re also the most similar to taking photos with a modern camera.

Finding them is easy, too. Kijiji usually has a good selection if you’re looking for a local option, but eBay sellers are generally more reliable when it comes to quality. Just make sure to check the seller ratings before buying and read the description carefully to make sure it’s not “for parts.” If you know someone going to China or Hong Kong, get them to buy you one, since used film cameras there are sometimes sold for less than half the price of what they’re going for on eBay.

Before or after buying the camera, you will need to check if it’s working as advertised. Open the back and try taking a photo without any film in it. See if the shutter opens and closes. Try taking a photo at the fastest shutter speed and then work your way down to the slowest. Shoot all the way to 36 photos to make sure it goes that far. Check the body for any wear that might cause issues. Finally, look at the glass on the lens for any white spots — these can signify mould, which eats away at the lens coating.

If you’re getting an SLR, make sure it either comes with a lens or that you buy one that fits it. Most camera brands have different mounts and some have even changed their mounts over the years. Look online if you’re not sure before buying a camera and lens separately.

One of the best starter SLRs is the Pentax K1000. It’s still commonly used by photography students. The camera is completely manual except for a needle in the viewfinder that lets you know if the photo will be correctly exposed. The rest of the camera is completely mechanical. The lenses also still fit on newer Pentax DSLRs, making it a good choice if you want to use them on both.



TYPES OF FILM CAMERAS

**SLR - SINGLE LENS REFLEX**

SLRs have a mirror that reflects the image into the viewfinder. The mirror flips up before taking a photo, but it happens so fast it’s hard to notice. They have the advantage of showing the photographer exactly what they’ll get. These cameras are generally louder than others. If you’ve used a DSLR, you probably already knew most of this because they’re the same except digital.

**TLR - TWIN LENS REFLEX**

One of the only cameras that hasn’t seen a modern equivalent, the TLR, has two lenses. The top lens has a mirror just like an SLR, but the bottom lens is used to take the actual photo. This means the mirror never has to move, removing one more mechanical part that could malfunction. Most TLRs use 120mm film. If you’ve seen *Finding Vivian Maier*, it’s what she’s famous for using. Rolleiflex TLRs are well known, but their Japanese counterpart, Yashica, makes quality cameras that cost much less.

**TOY CAMERAS**

Film alone not hipster enough? Get a Holga or Diana and start shooting lomography film through its plastic lens. You’ll get strange colours, light leaks and lots of grain, but that’s all part of the fun.

**RANGEFINDERS**

For the real film experience, get a rangefinder. Many street photographers used these because many of them have a much quieter shutter than SLR cameras. Don’t get a Leica right away, though; the cameras and lenses can cost thousands of dollars. Instead, go for a Yashica 35 or a Canonet, then branch out once you’re ready.

**INSTANT**

Sadly, Polaroid doesn’t make film anymore. The Impossible Project is a company trying to figure out the chemical process behind it, so you can still shoot with many old Polaroid cameras. But the film costs a lot. Instead, you might want to consider a Fujifilm Instax camera, a modern take on the instant camera that also saves digital files.

WORDS TO KNOW

**Viewfinder**—The window you look through in the camera to see what you’re taking a photo of.

**ISO**—Film sensitivity. Higher ISO numbers mean you can use a higher shutter speed in the dark. However, they also introduce grain.

**Focus**—The sharpest part of the image is considered in-focus. Most film cameras don’t focus automatically, but many of them have built-in tools to achieve it.

**Bokeh**—The blurriness behind and in front of the focused spot.

**Shutter Speed**—How fast the camera takes a photo. If it’s dark, the shutter will stay open longer, which can cause blurry photos.

**Aperture**—The size of the opening of the lens. Wider openings correspond with lower numbers and give more bokeh.

**Exposure**—If your photo is exposed correctly, it looks normal. Underexposed photos are too dark and overexposed too bright.

**Light Meter**—Tells you if the photo is properly exposed. Many cameras have them built in, but if not, there are external ones. You can even get light meter apps for your phone.

TYPES OF FILM

**35MM**

Most film cameras use 35mm film. Rolls take either 36 or 24 photos, which doesn’t sound like much compared to memory cards that store thousands, but you’ll find yourself taking more time to finish one than you thought. I recommend starting with a cheap roll to make sure the camera works, like Kodak Gold. Then you can move onto Kodak Portra 400 for colour. If you want to try black and white, Ilford XP2 is a good option because labs can develop it locally.

**120MM**

Photographers constantly flock to forums to argue whether full-frame sensors, equivalent to 35mm film, are better than smaller sensors. Meanwhile, those that shoot 120mm or larger laugh at them from the sidelines. These photos can be massively enlarged and they have lots of bokeh. However, the cameras that shoot 120mm usually only shoot 12 shots. The rolls are more expensive, cost more to develop and usually have to be sent out of town. Not recommended for beginners.

**LARGE FORMAT**

Don’t worry about large format if you’re just starting. Think of the old cameras with big bellows where the photographer hides under a curtain behind it. That’s large format. Learn the basics of film first with the other formats, then head to the internet to learn about these behemoths.

**THE AFTERMATH**

The days of the one-hour Superstore photo lab are gone, but you can still get your film developed in town. London Drugs and Don’s Photo will do it in a few hours, while McBain’s will take three to four business days. 120mm and nicer black and white film, like Kodak 400TX, will have to be sent out of Edmonton to get developed. But don’t worry; the lab will handle that. You could also develop it yourself and you can find out how on the internet.

Once it’s developed, you’ll want to post your masterpiece online. I usually get the scans done by the lab, although it’s not optimal. If you get into shooting film, you’ll want to buy a film scanner. They’re not cheap, but the cost of getting the scan done will outpace the price over time. You’ll also have more control over the quality.





▼  
**Pentax 1400 / Kodak 400TX**



▼  
**Yashica Electro 35 GSN / Kodak Portra 160NC (Expired)**



▼  
**Canon A-1 / Kodak Portra 400**



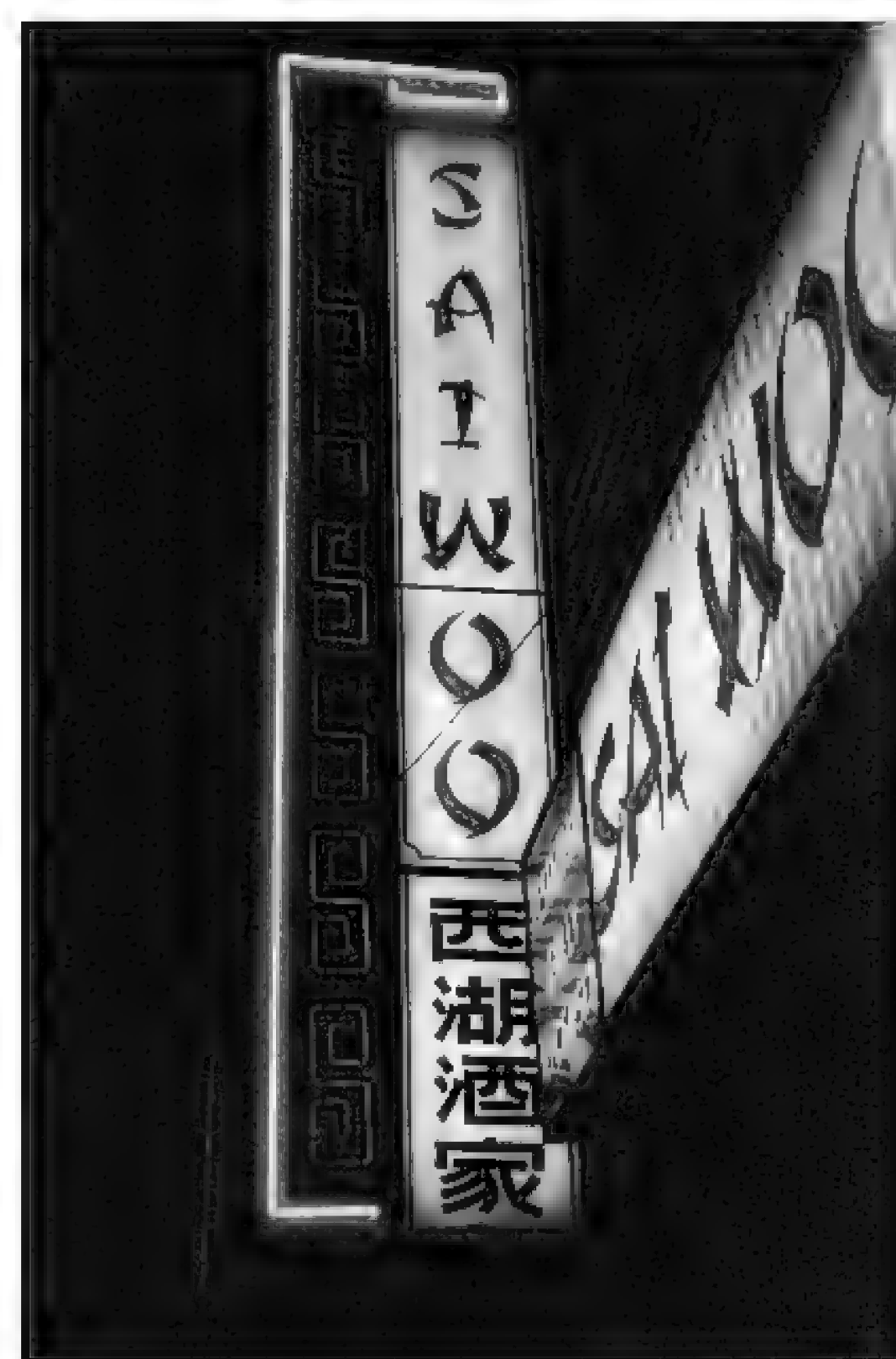
▼  
**Canon A-1 / Kodak Portra 400**



▼  
**Pentax K1000 / Kodak 400TX**



▼  
**Pentax ME Super / Kodak Portra 160NC (Expired)**



▼  
**Holga 100 / Lomography Colour 400**



▼  
**Canon A-1 / Kodak Portra 400**



▼  
**Holga 100 / Lomography Colour 400**



# Arts & Culture

## social intercourse

with Maggie Schmidt

### Break the Silence Fundraiser/Show

Yellowhead Brewery (10229 105 Street)  
Thursday Oct. 9 7 p.m. – 11 p.m.  
\$20

Scenic Route to Alaska was voted to be Edmonton's first runner-up for Best Local Band 2014, which should be encouragement enough to catch them as the headliners for Break The Silence's fall fundraiser. As a part of Mental Illness Awareness Week (which runs October 5–11), Yellowhead Brewery is opening up its doors for a night of entertainment, including a silent auction. Along with Scenic Route, the talented Cayley Thomas and Lucas Chaisson will be providing sweet melodies. With all of the ticket proceeds and \$2 from each beer going towards the Canadian Mental Health Association, it's hard not to justify drinking brewery-fresh beer and dancing your heart out on a Thursday.

### Prairie Gardens

56311 Lily Lake Road, Bon Accord  
Until Oct. 31, 9 a.m. – 6 p.m.  
\$13

Take advantage of fall while you can by visiting the cute delight that is the Prairie Gardens. From pumpkin patches to corn mazes, you can participate in all the quintessential fall activities on a working farm that is just outside of Edmonton's doorstep. There's even a pumpkin cannon, allowing you to launch pumpkins across a field. But, if you'd rather not harm innocent pumpkins, you can also wander through the haunted house on the property, or shop at the farm's little market. Prairie Gardens is sure to include a full day of wholesome fun.

### Terrarium Building Workshop

52337 Range Road 232, Sherwood Park  
Saturday, Oct. 11 at 2 p.m.  
\$10

Ron Burgundy was trapped in a glass case of emotion. Do the same for your favourite tropical plants, by planting them and watching them flourish in a terrarium. Terrariums are a great centrepiece on a dining room table or even a desk in your dorm room, and the plants require minimal effort to keep alive. Craft workshops are great for first dates, where you can come home with a beautiful piece of art no matter how much of a flop your date turned out to be. With a free latte handed out for just attending, it's a wholesome way to nurse your hangover from Friday night.

### Turkey Shoot: Grease 2

Metro Cinema at Garneau (8712 109 Street)  
Tuesday, Oct. 14 at 7 p.m.  
\$9 with student ID

Some movies are so poorly made that they earn cult status. Metro Cinema's ongoing series Turkey Shoot aims to draw attention to the qualities (or lack thereof) that make these movies so memorable by having local comedians give live commentary over some of the tackiest movies ever made. For October, the movie of choice is *Grease 2*, the 1982 film starring Michelle Pfeiffer. The film is just as jam-packed with musical numbers and cheesy dance sequences as the original, but without the big-screen budget.



SUPPLIED

## Gob ends four-year hiatus with new album

### MUSIC PREVIEW

#### Gob

WHEN ▸ Friday, Oct. 10, 8:00pm  
WHERE ▸ The Pawn Shop (10551 82 Avenue)  
HOW MUCH ▸ \$20 (yeglive.ca)

#### Gabriella Gut

ARTS & CULTURE WRITER • @GABBIT

It looks like Gob 'gave up the grudge' and is back with new sound. Notably emerging in the early '90s, these guys have made and helped wield the shortlist of Canada's infamous punk rock scene. And now, after a four-year hiatus, they're back with a new album.

With getting the ol' band back together comes the task of being wary to the shifting musical landscape. Tom Thacker, vocalist, guitarist and original member of Gob, reminisces about the glory days of making music videos just for fun and remembers the days when they were used to show off your music.

"It was a good way to promote your band. But

now, *Much* isn't even *Much Music* anymore — that whole culture is gone," he says. "Music video culture is gone. Right now it's all about promoting your band online. People just want updates," he says.

The shift in musical promotion from public to more discreet digital platforms is just something these punk rock pioneers have had to roll with during this blossoming digital age. That said, Gob are back again and touring in support of their latest record *Apt. 13*, their first full-length release in seven years.

The band's buddy quality even managed to transcend countries, and the coincidence that Thacker and other founding Gob member Theo Goutzinakis lived in the same apartment number during the album's writing phase became the working title that they stuck with to dub the project.

"It seemed like the best working title we had at the time, it kept everything and the concept, moving forward," Thacker says.

Hiatus over, Gob sticks to their philosophy of making music that satisfies themselves and stand by the challenge of being real and being themselves through their music. The punk rock genre begs for rebelliousness and an *idgaf* attitude that would worry your mother;

it allows its makers the freedom to oust any message, and they're sure as hell not out to charm you.

"We don't necessarily set out to make music for a certain demographic. We make it for ourselves. I think our music has probably evolved and gotten more mature because of that; we can't make music for the 20-year-old us anymore. The same thing isn't gonna resonate," he reflects.

As for coming back as a band, Thacker feels positive, and is excited for the new experience.

"It feels good," he says. "I think every time you come back, you gain a new appreciation for the music — the process; for each other. The rules to keeping a band together are very simple: don't be cruel to each other and have each other's backs. It sounds kinda lame because it's like, with rock and roll, bands are just supposed to be crazy bad-asses which, you know, we are at times — but you have to come down to earth once in a while."

*Apt. 13* stays true to Gob's heritage while keeping up with the current '90s music resurgence, where pop-punk and punk rock can still comfortably find their seats in the cool section. The Gobness is still strong.

### FILM REVIEW

#### Annabelle

WRITTEN BY ▸ Gary Dauberman  
DIRECTED BY ▸ John R. Leonetti  
STARRING ▸ Annabelle Wallis, Ward Horton

Now Playing

#### Holly Detilleux

ARTS & CULTURE WRITER

At first glance, *Annabelle* seems like another possessed doll movie, utilizing the same clichés as films such as *Child's Play* or *Dead Silence*: a creepy movie featuring a murderous doll and its unfortunate victims. To some extent, it pays homage to those films. However, it utilizes a diverse array of horror tactics to catch its audience off-guard. The doll is creepy; in fact she gets progressively creepier throughout, but the doll is definitely not the sole source of scares in this film.

*Annabelle* could be considered a prequel to *The Conjuring* (2013) by wunderkind horror director James Wan. The namesake doll of this film was present in *The Conjuring* as

a noteworthy object in room full of cursed and haunted collectables. Fortunately, it is by no means necessary to have seen this film, but will be a fun connection for fans of the genre.

The movie follows a loving, young couple who are expecting a child. John (Ward Horton) gifts his pregnant wife, Mia (Annabelle Wallis) a vintage doll, which is part of a set which she collects. It's a perfectly normal antique doll — worn and crude, but not overly creepy yet. That same night they are awakened to the screams of their neighbours (Brian Howe, Kerry O'Malley) who have just been attacked by two members of a Satanic cult. This leads to a situation where the cultists are shot dead in John and Mia's house. Annabelle, one of the cult members, dies with the new doll in her arms. This is where it gets spooky. There are moving objects, electronics malfunction and the doll is found in different locations around their home. Once their daughter is born they move and the doll follows, despite having been thrown out. They soon realize that something evil is after their family, using the doll as a gateway.

The film's cinematography adds to the spooky nature of the plot. Shots feel intentional; often there are uncomfortable close

ups used on more than one occasion to give the audience that sense of discomfort. Many scenes were framed in a manner that directs the gaze, showing a certain level of mastery on part of the director. Most notably, the viewer will be looking through door frames and windows to something otherwise unseen by the characters. The music is minimalistic, but the silences speak volumes in this film. You know something is about to go down when it gets quiet. The attention to finer details that creates that feeling of suspense lingers throughout the entire movie.

Unfortunately, there are no stand-out acting performances to speak of. Even Wallis is often too poised in situations of danger or uncertainty, making the character unrelatable.

There are long sections of the film where nothing truly horrific occurs and for some this may be its downfall. You will definitely be able to sleep after watching this. There were a few jump scares, but the movie has some trouble maintaining an immediate sense of danger for the characters. It's suspenseful but not panic inducing, which makes it very palatable for less-than-brave movie goers. Overall, *Annabelle* is a likeable horror with the production value to carry us through the less intense moments.



## ALBUM REVIEW



## The Barr Brothers

### *Sleeping Operator*

Secret City  
thebarrbrothers.com

**Maggie Schmidt**  
ARTS & CULTURE WRITER

The Barr Brothers got their foot in the door for Canadian folk music with their self-titled first album in 2011. Their sophomore album, *Sleeping Operator*, is guaranteed to satisfy any folk lover, modern or traditional. The album hits all of the sweet spots that keep the music simple yet engaging, showcasing the Montreal-based quartet's mastery of acoustic instruments.

*Sleeping Operator* opens with the whimsical instrumental "Static Orphans," which immediately flows

into "Love Ain't Enough." The result is a powerful ballad that deviates from traditional folk music, which introduces the world to lead singer Brad Barr's talented ability to transition between his regular register and falsetto. The following tracks, "Wolves" and "Even the Darkness Has Arms," are much more reminiscent of The Barr Brothers' first album, with sweet melodies and a constant upbeat strumming of an acoustic guitar. Each track on the album seems to play off of the last,

incorporating a different traditional style of folk music.

Scattered throughout the album are several songs which prominently channel the blues. "Come In The Water" features a soulful organ, which blends the blues with folk expertly. This style is also proudly shown in "Half Crazy," which includes a traditional blues-guitar solo. The final song of the album, "Please Let Me Let It Go," brings the album to a sleepy conclusion with its hymn-style melody.

Perhaps the best thing about *Sleeping Operator* is the way it displays several different aspects of folk music without breaking from the agreeable style that is unique to the band. Whether or not they are channelling classical folk, the blues, gospel, or anything in between, The Barr Brothers have proven themselves as a staple in any folk music collection with the release of *Sleeping Operator*.

## Vino Bitches

WINE: Wyndham Estate Bin 555 Shiraz 2012

WRITTEN BY **Paige Gorsak**

A wine that my mother buys in cases, Wyndham Estate Shiraz is a plummy, easy-drinking red that'll always impress.

Sold in a plain bottle with only the name of the brand and wine on the label, Wyndham won't jump out at you off the shelves. But while quirky label designs are occasionally a good judgement, wines that have gone the distance are often a better bet for a tasty tippie. Wyndham boasts their first Shiraz-grape vineyard was planted in Australian outback in 1830, and today, this full-bodied red sells as one of Australia's most popular wines.

Quite strong on the nose, BIN 555 pours a luscious cranberry red. The intense smells of oak, smoke and cherry give way to this red's luscious, fruity flavour. With a hint of mint, this wine's got a secret dark side (just like you!) though overall, it falls into the sweeter, easy-drinking range.

If you're cooking dinner tonight for your significant other, consider pairing this red with a salt-n-peppered protein, like steak or pork. Or, toss some portobello burgers on the barbie if you're of the veggie persuasion — both the charred grill and umami flavour of mushrooms or meat will bring out this grape's fruitiness.

If you're like me and probably shouldn't drink an entire bottle to yourself on a school night, you can even incorporate this wine into your meal. An easy red wine marinade can be whipped up with equal parts wine and olive oil, flavoured with salt, pepper and a sprig of your favourite herb. Martha Stewart recommends rosemary.

And finally: this week is Sexual Assault Awareness week on campus. Remember, consensual sex is not only hot but mandatory. And while alcohol and sex get a bad wrap, conversations about consent can and should happen everywhere. Crack open this full-bodied shiraz with pals or your partner and talk about what consent means to you.



**Price:** \$18.99

**Available at:** Liquor Depot

## fashion streeters

COMPILED & PHOTOGRAPHED BY **Willow Austin**

### Mahvish Kahn

ARTS I



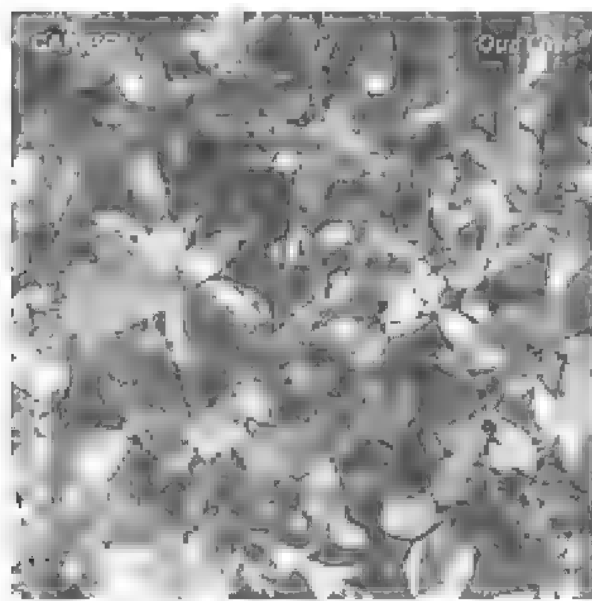
**GATEWAY:** Describe what you're wearing.

**KAHN:** I'm wearing a black jacket and shirt from Old Navy. Black high-waisted skinnies from a mall in Calgary and black boots.

**GATEWAY:** What's your favourite thing about fall fashion?

**KAHN:** I love the colours of fall and how easily it is to work them into your wardrobe.

## ALBUM REVIEW



## Caribou

### *Our Love*

Merge Records  
mergerecords.com/caribou

**Gabriella Gut**  
ARTS & CULTURE WRITER • @GABBIT

Prepare to be taken through a strange, synthy story about the arrival and passage of love, in all of its finicky states and ambiguity. Caribou, the current moniker of Dan Snaith, generates a somewhat dejected angle on the concept of a relationship, dubbing the album *Our Love*.

Predominantly electronic in style, the record keeps with Snaith's groovy-gloomy complex and is consistent with vocal looping and house-beat elements. A sense of playfulness certainly exists within the album but

its inclusion feels indifferent. Meticulous consideration of when to include elements of creativity may be a more appropriate phrasing, as this type of consideration is a skill that is only properly acquired by an artist after releasing albums for over a decade. Yet, *Our Love* is immensely icy in a way that distances itself from Snaith's previous work, and feels platonic.

The album's track titles hint at the chronological stages of a relationship that doesn't survive, thus opening with tracks "Can't Do Without

You," "All I Ever Need," "Our Love," and "Dive"; though the love story is doomed, all of these clearly provide a hopeful initial tone. Nonetheless, being strung together this way idly marks them as similar and jaded.

Whereas most of the tracks are threaded with Snaith's soft voice, which adds an eerie aura to the already hypnotic and steady electronic atmosphere, a break in unity occurs with "Second Chance" which uses echoing female vocals within a more wonky electronic setting. "Mars" also unfittingly shakes up the tone by introducing wind instrument elements, like strange hallucinations from somewhere else. Nearing the end of *Our Love* you get the unsettling sense that this is where things start to fall apart.

Otherwise, the rest of the tracks drag us back into the fixed atmosphere of looming melancholy, though it won't make you tear up.







KEVIN SCHENK

# Doin’ You: Thanksgiving dinner on a student budget



**Gateway Staff**  
DOIN’ YOU

Most of the pretty yellow leaves in the river valley have fallen off the trees and pumpkin spice mania is starting to subside in favour of actual pumpkin pie. Thanksgiving is finally upon us, the holiday where we celebrate colonialism with large amounts of cooked meats and various flavours of pie. It’s the most delicious time of the year.

However, you might find yourself on your own for the first time this year. Maybe you just moved out of your parents’ house in the suburbs, or you’ve crossed an ocean to attend school and you’re trying to prepare yourself for the imminent shift to Edmonton’s frozen wasteland that will be present in a couple weeks. Regardless, you should be able to have a decent dinner at this time of year, and *The Gateway* wants to help you, because we’re so nice like that. So gather a group of your friends and assign a dish for everyone to bring. Open a bottle of wine (or two) and let the good times roll.

But, perhaps you aren’t so great in the kitchen. Don’t worry, we aren’t either. Is anyone really at this point in our lives? Don’t worry, we’ve got your back. Whether you’re hosting your own or attending the Thanksgiving potluck of a friend, here’s some easy recipes that should help you out. If we can manage to put

- together a meal, so can you.
- You’ll Need:**
- A large amount of festive friends with potluck tendencies
  - A kitchen that is too small
  - Not enough dishes
  - Not enough chairs
  - Someone willing to help with dishes
  - A good attitude

## HAM

First off, when you plan your potluck, tell everyone that as the hostess, you will make a turkey to keep with Thanksgiving tradition. Then, wait until the afternoon of your party to go to the grocery store, and realize that turkeys are frozen into solid bricks of ice that will never defrost in two hours. Panic for a moment, and then pick up a fully cooked ham. It’s like turkey, but for the stupid.

Take your ham home, and wait for your guests to arrive. Potentially have a beer or two to prepare yourself for the imminent insanity that will be cramming ten people into your tiny apartment. When your guests start to arrive, throw the ham into a baking dish that you inherited from your aunt and preheat the oven to 375 F.

Figure out cook time by getting one of your more math-inclined guests to calculate how many pounds are in 3.656 kg of ham, and how long to cook if you need 15 minutes per pound. They will roll their eyes and tell you to cook it for two hours.

Two hours and a couple appetizers later, the ham will be ready to be removed from the oven.

Let it stand for 10 minutes before cutting into it, and then serve.

Also, buy 20 fresh buns from the grocery store and forget to serve them so you have more bread than you know what to do with when your guests leave.

## RICE

This dish has been a staple at all my family dinners for as long as I can remember — longer than that too. No one even knows who made/thought of it first, but our best guess is that it was my late uncle Chris. In case you find it intimidating thanks to its complicated name, don’t. It’s easy.

All you need is some rice (SAY WHAT?), bacon, red and/or green bell peppers, mushrooms, onions, celery (optional), unsalted butter, ground black pepper, olive oil and a bit of salt. I use Uncle Ben’s Converted Original Long Grain Rice.

As for the measurements of the ingredients, decide first how many servings of rice you’ll need and follow the instructions on the box for how much water, salt, and butter to add. If by chance you’re using rice that you’ve grown in your own personal paddy field and are thus lacking instructions, then know that a half cup of rice typically serves two people and will require one and a quarter cup of water, about a half teaspoon of butter, and a pinch of salt.

Before you begin boiling the rice though, prep the vegetables and the bacon. Chop up the bacon (make sure that it’s real bacon by the way and not that simulated crap,) and allow it to slowly cook

in a saucepan over medium heat while stirring it often. Next, wash and dice up the vegetables and cook them in a separate saucepan drizzled with olive oil, also over medium heat while stirring.

In the meantime, wash and begin boiling the rice. Once the bacon has browned and become crispy, drain the excess fat and set it aside until the vegetables have finished cooking. Mix that all together and add it to the rice as soon as it has soaked up all the water. Give it a good stir and BAM. RICE.

## THAI QUINOA SALAD

Admit it: you’re better than those ghetto-ass “student” potluck options. Establish your alpha status by bringing a fly, wholesome grain dish to your next potluck. Not only will you show up all your basic friends’ depressing, store-bought contributions, but you’ll feel like a rich Pinterest mom too.

First, cook  $\frac{3}{4}$  cups uncooked quinoa according to the box’s directions. Fluff that bitch up with a fork.

Next, make some sassy peanut dressing. Heat up  $\frac{1}{4}$  cup peanut butter and 1 tablespoon honey for about 20 seconds in the microwave or until it’s smooth and liquidy. Then, add 2 teaspoons freshly grated ginger (or ginger powder), 3 tablespoons soy sauce, 1 tablespoon red wine vinegar, 1 teaspoon sesame oil and 1 teaspoon olive oil. Stir your weird creation into the quinoa, and let the grains soak in those sweet, sweet peanutty juices.

Now get freaky with some

vegetables. I like to add 2 cups of that bagged coleslaw salad you can get at grocery stores, a chopped-up red bell pepper, half a diced red onion, some cilantro, green onions, honey-roasted cashews and chickpeas. But, let’s be real: this is a salad, so I’m not gonna dictate what you put in it.

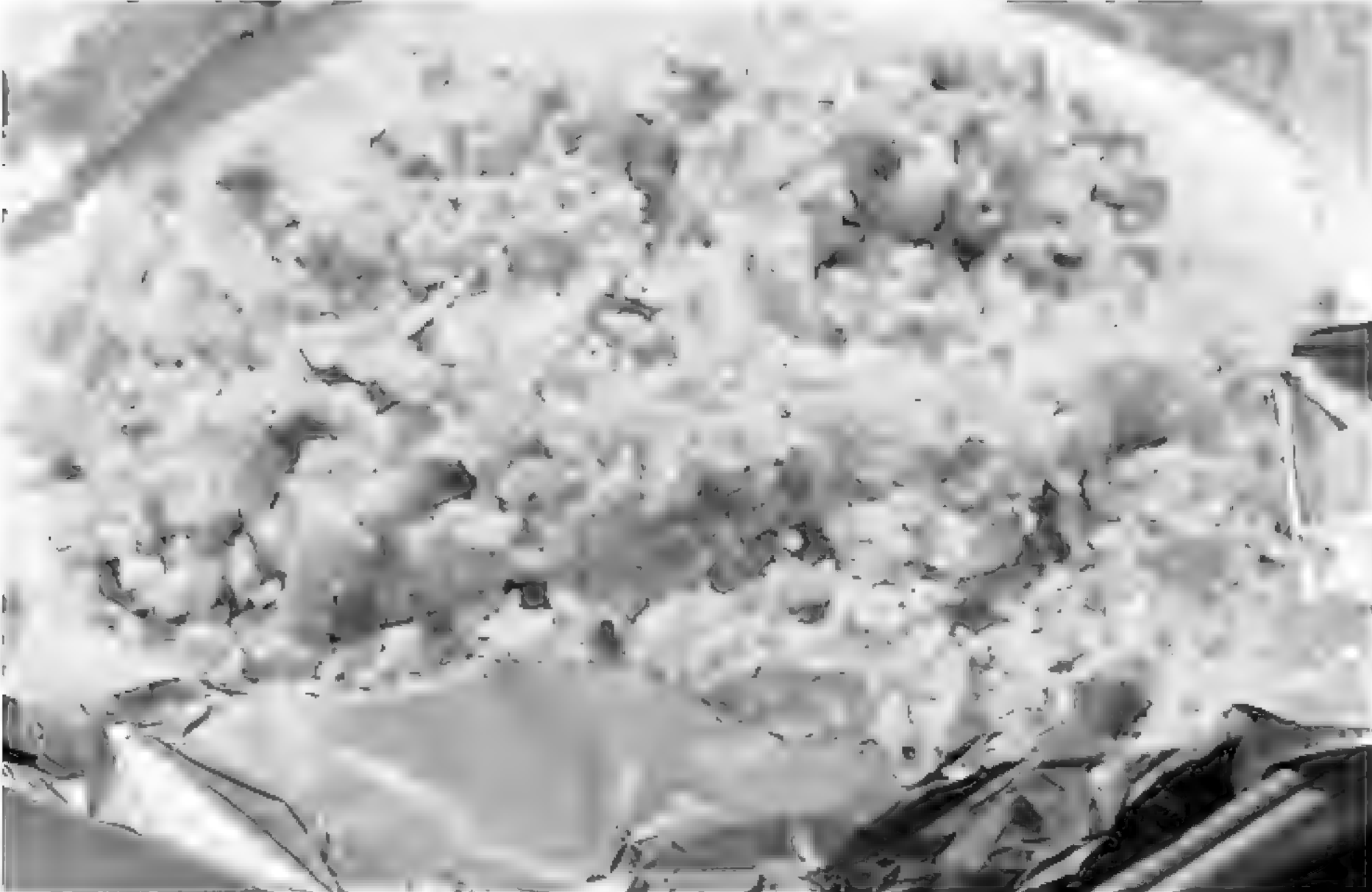
To infinity and Beyoncé! Good luck and be creative with your quinoa salad.

## NACHOS

When you think of Thanksgiving, the first thing you think about is food. When thinking about the perfect food for Thanksgiving, the first thing I think about is a big place of nachos. Being somebody who can’t cook worth a damn, nachos are something I’m incredibly thankful for. Let somebody else worry about the turkey, the gravy, the potatoes and all of that stuff, and worry about showing your friends and family thanks with a huge plate of Doritos covered in melted cheese and jalapenos.

First of all, grab a couple of bags of Doritos. I picked jalapeno and spicy-flavoured because I’m a man who loves aggressively spicy, hot food. Plain nachos work, but if you really want to get that extra kick of flavour, go with Doritos. Next, grab some cheese. I bought a bag of pre-shredded Tex Mex because I’m really lazy and I find shredding cheese tedious. If somebody is going to shred it for me, I’ll spend the extra couple of dollars to get it.

Now to making your legendary nachos. Open the doritos and fill a big plate one handful at a time.



CHRISTINA VARVIS





CHRISTINA VARVIS

You don't want to end up having one half of the plate filled with a certain flavour and the other half filled with the other; you want to get a balance. A key to good nachos is layering. Once you fill the plate, dump some of that cheese on there and then add on another layer of chips and another layer of cheese until you run out. At the end, throw some jalapenos, peppers, onions and whatever other toppings you want on there.

Toss the plate in the microwave for about a minute, maybe longer depending on how many layers you have (if you're fancy, you can put them in the oven, but who has time for that).

Voila. The best plate of nachos ever.

### **BASIC BROCCOLI SALAD**

If you find yourself short on time during the Thanksgiving weekend, a quick and damn delicious dish is broccoli salad. The prep time ranges from 15-30 minutes, depending on your knife skills, and the recipe is flexible enough to accommodate most picky eaters.

For this basic broccoli salad, start with cutting up some broccoli crowns into flowerets. Mix up mayonnaise, or greek yogurt for healthy eaters, with white vinegar and sugar for a tangy sweet dressing. Toss everything together with turkey bacon, cheddar cheese, craisins and red onion. You can also swap ingredients with grapes, pecans, sunflower seeds or real bacon.

Bring this basic broccoli salad to dinner and everyone will have

another thing to be thankful for.

### **BEANS**

Scurvy can sure put a damper on the season of tasty food and giving thanks, so make sure you incorporate some healthy, fresh veggies in your Thanksgiving meal. Of all the green vegetables available out there, most people can choke back green beans — so follow this quick and easy recipe to please your hungry crowd.

Wash and cut the tough stems and ends off your beans and throw them in a large pan with a dash of olive oil. Sauté them on a medium heat until they're heated through, but still crunchy — you don't want a limp, soggy bean. Once they're done to your liking, toss them in a large serving dish with a few glugs of balsamic vinegar and salt and pepper to taste, and squeeze half a lemon all over them. Serve them with sliced lemon on top. Enjoy!

### **CHERRY CHEESECAKE**

Being placed on dessert duty, I decided to make two different desserts to impress everyone and show my dominance.

My first pick was cherry cheesecakes. They are a simple but always popular dessert. Mix together 500g soft cream cheese, 3/4 cups sugar, 2 eggs, 1 Tbsp lemon juice and 1 tsp vanilla extract until smooth. Put Nilla cookies on the bottom of a lined muffin form, then fill about 2/3 with the cheesecake mixture. Bake at 375 F for about 20 minutes, let cool, then top with cherry pie filling. Easy.

### **MOCK APPLE PIE**

But the mock apple pie? I tried it for the first time at this potluck and the reactions were mostly, "what the fuck, are you sure there aren't any apples in this?" No, there aren't any apples. Just crackers. First mix 2 cups water, 3/4 cups sugar, and 2 tsp cream of tartar in a saucepan. Bring to a boil then add 30 Ritz crackers. Simmer for five minutes, then add to a ready-to-bake pie crust. Sprinkle with 1 tbsp lemon juice and 1 tsp cinnamon. For the topping, combine 25 crushed Ritz crackers, 1/2 cup brown sugar, 1/2 tsp cinnamon and 1/3 cup melted margarine. Put the topping, surprise, on top. Now bake the pie for 15 minutes at 400 F, then 20 more at 350 F. It's one of the best Canadian-style apple pies I've had and it doesn't even have any apples in it.

### **THANKS-TINI**

For most people, Thanksgiving is a tradition meant for quality family time while gorging yourself on a five-course meal, napping off those meat sweats on the couch in front of a football game, all while honouring the pilgrims or Jesus or something, probably.

But for students, Thanksgiving is more than that. It's a long weekend, and for those special occasions, maintaining a drink in hand at all times is just as important as any holiday dinner with the family.

This year, embrace the festivities and include a holiday-appropriate drink to go with your

Thanksgiving dinner. For this purpose, there's only one solution: the Thanks-tini.

Originated on *How I Met Your Mother*, the Thanks-tini combines your favourite holiday flavours with your favourite, nutritious food group: booze. Just combine two parts potato vodka with one part cranberry liqueur and a dash of seasoning for extra flavour. The original recipe calls for a bouillon cube, but if you're barely able to handle buying the bare necessities of groceries on your own, that may be too difficult to find. Instead, try a dash of that mysterious seasoning in your Ramen noodles as an intriguing addition to your classy martini. Include one of the noodles themselves as garnish to complete the drink's tasteful look

If you don't have a martini shaker to mix all of it together, don't worry. Just grab a mason jar from your kitchen, shake it all about and voila, your Thanks-tini is complete and your holiday is saved.

### **DESSERT LUMPIA (TURON)**

*Spring rolls in the fall. Why the hell are they called "spring" rolls anyway? Let's just call them deep fried pastry goodness that's super easy to make and even easier to eat. I guess you could throw in meat and vegetables, but this Filipino rendition turns the popular appetizer into a hot, oily treat.*

Take sliced bananas, place them on bottom of a spring roll pastry and sprinkle it with brown sugar. If you don't know how to fold a spring roll, Google it, you

lazy bastard. But really, fold the banana 'til it's in the middle of the pastry, then fold the sides in, then fold it over and seal it by wetting the ends of the pastry with water. Then drop the suckers into a pan of hot oil. The hardest part of making them is convincing someone else to stand by the deep fryer and get their face greasy instead of yours.

To prepare the dipping sauce, heat a cup of coconut milk in a saucepan for about five minutes, to a slight boil. Drop in half a cup of brown sugar and stir 'til desired thickness. If you have someone else making your dish for you, they may add jam. Let it happen. Allowing the sauce to cool should thicken it, making a caramel-like consistency.

Serve with the spring rolls (d'uh).

### **STUFFED MUSHROOMS**

To stuff these bad boys, mix 1 cup of cream cheese with 1/2 cup of parmesan, 2 tablespoons of chopped garlic, 1/4 teaspoon of salt and 1/4 teaspoon onion powder. Pop out the mushroom stems, chop them finely and mix into the cheese mixture. Fill the holes with the cheese. Then, cook them at 350 F for 30 minutes

That's literally all you need to do. It's super easy, trust me, no really, trust me. Maybe I'm not impressing on you just how lazy I am with food. Sometimes I'll order pizzas instead of getting groceries. If it were difficult to make, I would have never been aware of how delicious this little mushroom/cheese combo tastes.



CHRISTINA VARVIS



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## the *brew* crew

WRITTEN BY James Davison

### What The Huck?

**Brewery:** Fernie Brewing Company, B.C.

**Available at:** Sherbrooke Liquor Store (11819 St. Albert Trail)

What does a huckleberry taste like? I have no idea. I didn't even know huckleberries were a thing until I stumbled across this bottle. Don't tell me I've been living under a rock — I just stick to the less fringy flavours.

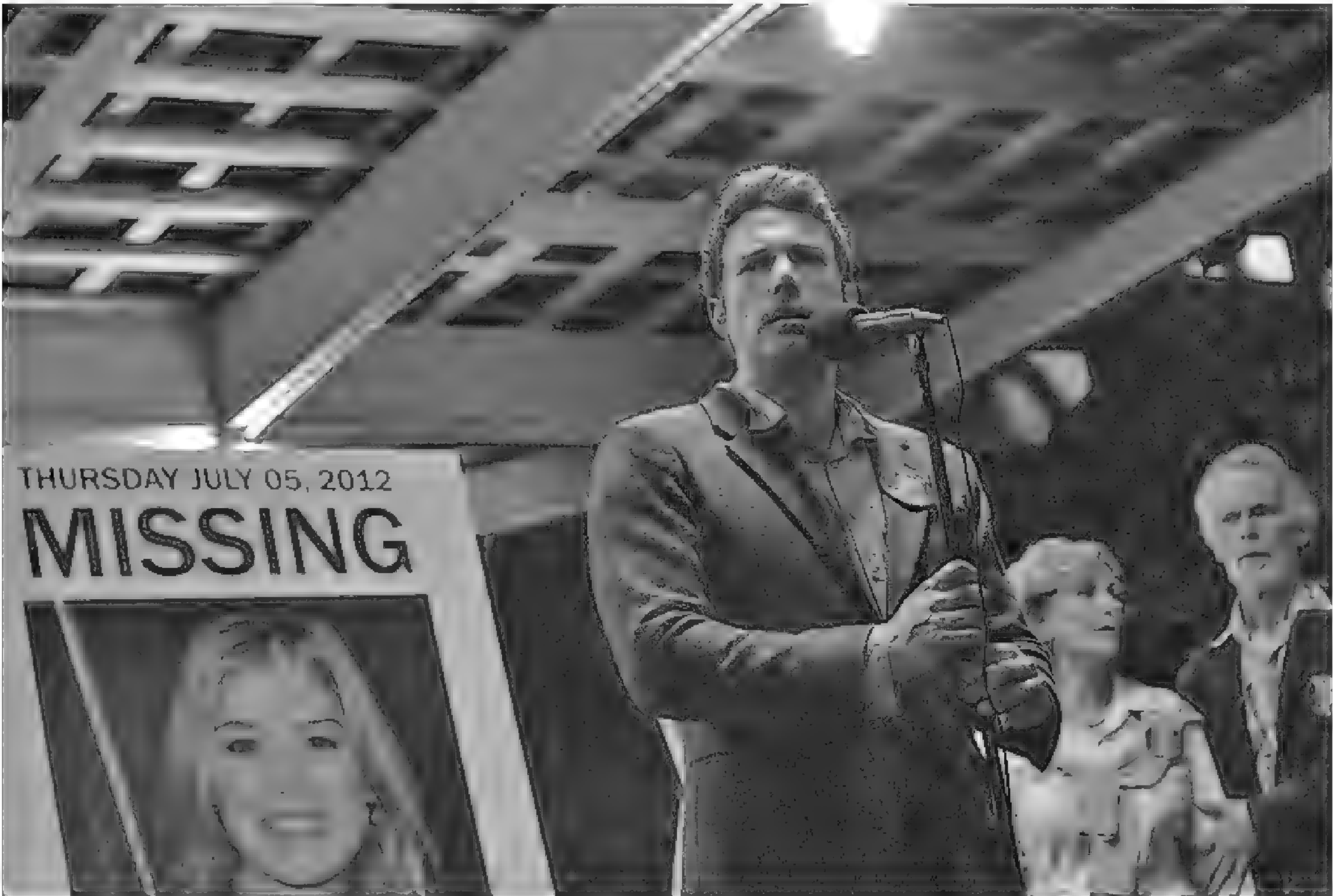
That being said, Fernie Brewing Co. has tried to impress with this ale, but they haven't quite done it. Light and smooth, the wheat ale delivers a consistent but very mild flavour of what I assume are huckleberries. It doesn't have an in-your-face taste, so you may struggle to pick out the berries. Its watery texture might confuse you, tasting more like a dilute fruit juice, only with a weak



hoppy undertow. That subtle hint of hops is the only thing that reassures you that yeah, this is a beer. Some bubbles could give the brew more of an edge, that or a more poignant huckleberry flavour, just to give some distinction. That is assuming the brewer isn't being modest already.

There's also a gnarly graphic on the bottle that showcases how hucking awesome your life can be if you drink the beer. Don't let his winter jacket and sick skis fool you, this is a summer beer. It should be served super cold on a super hot day, not on a mountain during ski season.

All in all? Worth it to say you've tried it, not something to revisit unless you really love huckleberries.



SUPPLIED

## Gone Girl brings flawless suspense

### FILM REVIEW

### Gone Girl

WRITTEN BY > Gillian Flynn  
DIRECTED BY > David Fincher  
STARRING > Ben Affleck, Rosamund Pike

Now Playing

**Kieran Chryslor**  
ARTS & CULTURE EDITOR • @CHRYSLERRR

What would you do if your wife disappeared, and you were accused of murdering her? Director David Fincher explores this idea through the amazing suspense film written by the novel's author, Gillian Flynn. *Gone Girl* is a reminder that films do not have to be classified as horror to create deep feelings of unease.

A mix of flashbacks and real-time shows the love story of Nick and Amy Dunne, a couple who have gone through major relationship struggles, and are in the throes of working on their marriage. A recession, the death of a parent, and a move from New York to suburban Missouri later, they have manage to arrive on the morning of their fifth wedding anniversary. When Nick returns home from his bar that he

owns with is twin sister, he finds Amy missing, launching a huge investigation surrounding her disappearance. As pieces of their seemingly perfect relationship publicly crumble in her absence — aided by a voracious media presence — Nick becomes the main suspect in his wife's murder.

The casting of the film is impeccable, and has no weak links to speak of. The stars are definitive high points, with Ben Affleck being a good-guy struggling with being seen in a negative light and Rosamund Pike shining as his missing wife. While it would be easy to focus on the two main actors, the supporting cast works flawlessly together, building off each other to create a convincing small-town in the throes of tragedy. Neil Patrick Harris is amazing as Amy's college sweetheart, and somehow breaks out of his standard children's movie charm to be one of the most subtly unsettling characters in the film.

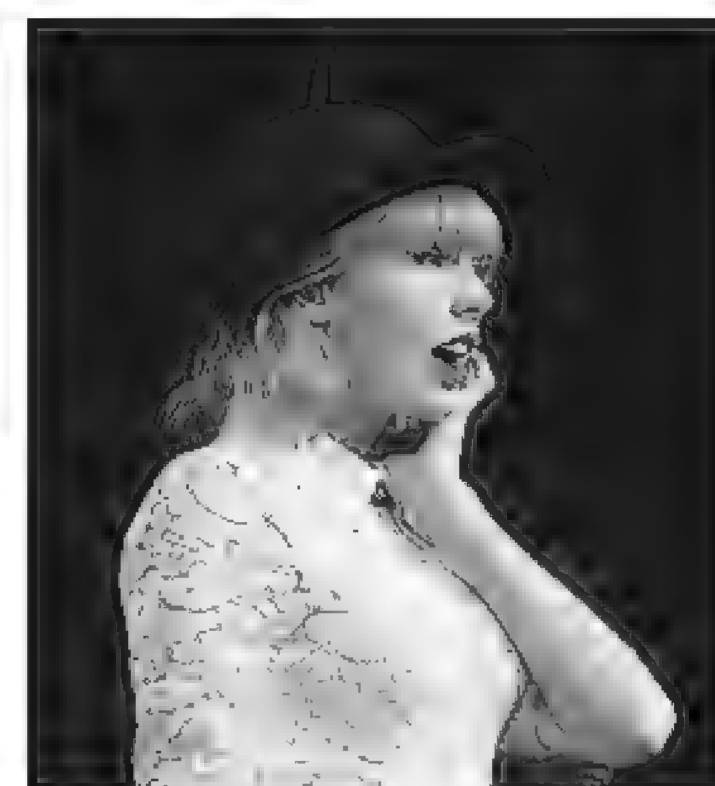
While the acting is a high point in the film, the writing gave actors a lot to work with, and not a lot of space for weak performances. The completely gripping suspense in the film can be attributed to the amazing timing of the film. The slower, less action-filled moments are so dripping in meaning that they will

still grab hold and not allow viewers to lose interest. Along with the suspense, *Gone Girl* also has a surprising amount of comedic relief, mainly delivered as amazing one-liners at the end of tense scenes. It is hard to tell whether the jokes are funny because of the actor's delivery or are just a product of nervous giggling, but regardless, they are a welcome break from the "what-will-happen-next" feeling that most of the film creates.

The biggest concern one could have about the film is the potential butchering of the novel that it is based off of. But, viewers will find one of the most accurate book-to-movie adaptations that has ever been created. While Fincher had the end slightly changed to fit film timing, the novel's author Gillian Flynn wrote the entire screenplay, and the ending, while subtly different, will not disappoint lovers of the book.

*Gone Girl* is a fantastic film; David Fincher has meticulously crafted it into a suspenseful thrill ride that is sure to hook any viewer, whether or not they have read the book that molded the film. *Gone Girl* is such a flawless beacon of suspense, that even having read the book, viewers will be so enthralled in the action that they will be constantly guessing what will happen next.





SUPPLIED

## What in the world of pop culture are you thankful for?



**Arts & Culture  
Staff**  
GROUP COMMENTARY

It's the time of year to give thanks. Yes, living in Canada and being a student is something to be thankful for, but we want to give thanks to some of our more vapid tendencies. So this year, bow your head and give thanks to some of the things that help you waste time and avoid doing work.

### Alexander Cook

I am thankful for Mads Mikkelsen as the greatest contribution to pop culture today. This Danish movie star had a late start to his career; his debut film wasn't until 1996, when he was 30 years old.

Since then, Mikkelsen has more than made up for it. He has starred in several extraordinary movies in both English and Danish. His versatile acting has earned him 22 different nominations and 25 awards worldwide. His best role to date is Hannibal Lecter in the TV

adaptation of *Hannibal*.

He's not exactly an eyesore either; he's been voted "Sexiest Man in Denmark" constantly through several polls. Possibly even better is his response — that it's better than "The Ugliest Man in Denmark."

He's pretty down-to-earth, too. Mikkelsen makes sure to spend time with his family while also appreciating his fans. He has acquired the perfect balance of talent and humility. It might be Canadian Thanksgiving soon, but the entire world should be thankful for Mads Mikkelsen.

### Katrinne Langois

I'm thankful for music. From alt-J to Taylor Swift, music makes things better in almost all perspectives. It's helped me through a lot of tough times and enhances the good times. What would a party be without music? Sure, yeah, maybe still a good time, but what would make it better? Music.

Music helps me sleep and distract myself from the world around me. It colours my world.

I'm most thankful for music because it's always there for me, this is really cheesy but it's there when no one else can be. I'm really glad it's everywhere, whether it is in my head, through my headphones, or blaring at an event. With music I never really feel alone.

### Joshua Greschner

I'm thankful that Bill Murray is still working. His early roles were sardonic and amusing, but rarely did he have the opportunity to play candor or earnestness. In later roles such as *Life Aquatic with Steve Zissou* and *Lost in Translation*, he invites the audience to explore and confront his fears toward old age along with him, to witness the gradual and inevitable change of someone we love. This is an act of generosity. Nor does he take himself too seriously, as exemplified by his rather unorthodox ascendancy to a pop culture icon through hilarious pictures of him party crashing wearing the most neutral of expressions.

I am thankful that he can

challenge our ageist assumptions. It's the grey haired, dignified Bill Murray printed on shirts and in a regal portrait at the Buckingham on Whyte. He looks a little bored but content.

### Emily Piro

Thanksgiving is coming soon and we all have a lot to be thankful for. Friends and family are great and all but I really want to take this opportunity to give a shout out to Netflix.

Netflix is always there for me, especially when I have about a million other things that I need to be doing. Netflix will also be there for us when crying into a bottle of wine after a failed midterm because instead of studying, you watched a season of *How I Met Your Mother*. Netflix does so much for us; so this Thanksgiving, I hope you spend some quality time with Netflix — and maybe your family too.

### Parker Ali

This season of harvest and togetherness would be a far less

savoury experience without the blessing that is social media. Not only can we stay in touch with our friends and family all over the world, but without the modern advent of sites like Facebook, we would have no way of silently judging the life choices and opinions of those we love and care about most.

I am so thankful for the opportunity I have to not only share this Thanksgiving with my family and friends, but to have an open forum online to passive-aggressively critique any aspect of their online persona I choose. The relationships I cherish most in life would be nothing without my desperate and cloying attempts to improve the perceived quality of my own life through contrived and unhealthy comparisons with the lives of others. I can only think what my life would be like in the absence of the social networks that allow me to represent as warped and deceiving a representation of my life as possible. As I send friendly Thanksgiving SnapChats to those I often loathe, I will remember how lucky I truly am to live in this connected, digital age.

Society • Environment • Economy



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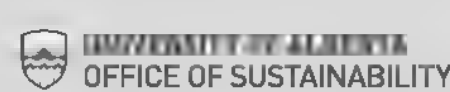
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# Sports

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**Volunteer**  
Sports meetings are every Wednesday at 5pm

## Bears take down Bisons before heading into bye-week

### FOOTBALL ROUNDUP

#### Next game: Bears vs. Dinos

Oct. 18, 2014  
Foote Field

**Richard Catangay-Liew**  
NEWS EDITOR

All of Foote Field — players and fans included — held their breath as the University of Manitoba Bisons aired a 23-yard pass into the endzone with two seconds remaining. But when Golden Bears cornerback Tak Landry batted down the potential touchdown, there wasn't a sigh of relief — but instead a roar of excitement from the bleachers and sidelines, as the 38-31 win moved the Bears to 3-2 on the season.

Landry said his game saving

defensive stop was “surreal” and an “unbelievable feeling.”

“When he dropped (the ball), it was an amazing feeling,” he said. “After the buzzer went and seeing the fans and teammates jump up and down on the sidelines — it was just unreal.”

The 3-2 record puts the Bears football squad over .500 — the first time they've had a winning record in more than four years. The Bears haven't had a winning record since Sept. 18, 2010 when they opened the season 2-1. After snapping their 26-game winless skid earlier this year, the Bears now find themselves in sole position of third in Canada West.

But getting to where they are now wasn't easy.

With 47 seconds remaining and down seven points, Bisons quarterback Jordan Yantz zipped the ball down the field, bringing Manitoba from their 11-yard line to the Bears

23-yard line — a total of 76 yards in five straight completions.

Bears running back Ed Illnicki said he couldn't describe what it felt like watching the Bisons efficiently motor down the field while he stood on the sidelines.

“Our lifespans are just shortening a little bit every game,” Illnicki said.

But while the Bears put an end to the Bisons potent offence, they wouldn't have been in the lead if it wasn't for Illnicki's brute rushing attack. Illnicki ran for three touchdowns and 192 yards off 33 touches, vaulting him to the top of the Canada West rushing charts with seven scores on the season. Fellow running mate Levon Hawreliak and wide receiver Tylor Henry chipped in with a touchdown each in the win.

For Illnicki, it was important to establish a running game early and pound the ball consistently, as the

Bisons stymied Bears quarterback Curtis Dell, who threw for just 104 yards and a touchdown. Running behind a young offensive line gives the second-year Illnicki holes and separation to run through now and down the road.

“To see where we're at right now and see how far we've developed from last season to here is so inspiring,” Illnicki said. “I know how good these guys are going to be down the road and how solid we are right now ... it's just awesome.”

Morris, who completely overhauled the program since taking over in December 2012, said despite the rebuild, his goal this season was to win multiple games. With three wins in just five games, they've already accomplished that feat.

“We'll take it,” Morris said. “That was a very good win ... we came in and said we had to be ugly to win this game. We just managed to out-

ugly them.”

The Bears will have to keep the momentum on the upswing, as they enter the by-week prepping for a rematch against the University of Calgary Dinos, who forfeited their 71-3 thumping of the Bears on Sept. 5 earlier this year due to rostering ineligible players.

“When we get back, we have arguably one of the best teams in the country to prepare for. We're excited to get another chance at 'em,” Morris said. “What they did to us last time obviously stuck with us since the beginning of the year.”

Clinching a playoff berth is possible for the Bears, who haven't won a postseason game since Nov. 6, 2010. But there's still three games left in the season, and there's still work to be done before achieving that lofty goal, Morris said.

“We're not the sort of team that can just start thinking about how good we are at this point.”



**WINNER WINNER, CHICKEN DINNER** The Bears beat the Manitoba Bisons last weekend to move to 3-2 on the season.

RANDY SAVOIE

## Athletes of the Week

### Bears

#### Running back Ed Illnicki - Football

Running back Ed Illnicki was a force last weekend in the Golden Bears' 38-31 win over the Manitoba Bisons. Illnicki ran for a game high 192 yards and also picked up three touchdowns in the win. The running game was critical to the Bears' success last weekend, as the Bisons shut down the throwing game, holding quarterback Curtis Dell to 104 yards and one interception. If Illnicki continues to put up performances like he did last weekend, the Bears are a good bet to sneak into a Canada West playoff spot. — Julia Long



RANDY SAVOIE

### Pandas

#### Goaltender Lindsey Post - Hockey

Goaltender Lindsey Post nailed back-to-back shutouts against Lethbridge this weekend, helping the Pandas' hockey team get off to a 2-0 start to their season. Post was spectacular in the first game of the back-to-back, stopping all 28 shots that came her way, helping her team edge out a tight 1-0 win. Despite only facing 16 shots in the game on Saturday, Post maintained focus, earning her second shutout of the weekend. Strong goal tending from Post will be critical for the Pandas this season, who rely on shutting their opponents down to win games. — Julia Long



AMIR ALI



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# Bears volleyball looks to remain at the top of Canada West and CIS

Mitchell Sorensen  
SPORTS WRITER • @SONOFAMITCH71

**Overview:** The Bears volleyball team, one of the most consistently dominant programs at the U of A, is looking to continue their winning tradition this season. Fresh off Canada West and CIS Championships, the Bears are heading into the 2014-15 season ranked as the number one team in the country. As usual, the toughest competition the Bears will face comes from the Trinity Western University Spartans, who are known for the strength of the volleyball program. The Spartans are heading into the season ranked as the second best team in the country and if the Bears want to repeat as champions, they'll have to get through Trinity Western.

**Key Players:** Even with the departure of five fifth-year players — including starters Jay Olmstead,

Matt McCreary, and Jarron Mueller — Terry Danyluk has enviable depth at all positions in his 23rd year as head coach. Setter Brett Walsh will have weapons all over the court in last year's CIS Finals MVP left side Ryley Barnes, outside hitters Ryan Nickifor and Kevin Proudfoot, and middles John Goranson and Taylor Arnett. Expect offence from all positions around the floor and a strong commitment to team defence led by Reed May from the Bears.

**Last Season:** The Bears didn't have the regular season they wanted to last year, but that didn't end up mattering in the end as they breezed through the Canada West playoffs, putting up strong performances when it mattered the most. Though shaky at times throughout the regular season, the 15-7 Bears hit their stride in the Canada West Championships, looking extremely

dominant throughout both the Canada West and CIS tournaments. Their 75-minute, straight sets win over Trinity Western University in the CIS final showed just how well the Bears play under pressure and just how dominant they can be.

**This Season:** With another championship-calibre team chomping at the bit for their share of gold, expect greatness from the Bears. They are so deep, with so many offensive options, that it's unlikely we see a CIS MVP or, for that matter, many All-Canadians on this team. Viable offensive threats in every position and a buy-in to team defence will ultimately win this team another CIS title at the expense of individual player stats.

**Prediction:** Barring some unexpected injuries, the Bears will win Canada West and are a very good bet to repeat as CIS champions.



TALL PEOPLE The Bears are coming into the 2014-15 season as defending CIS champions.

HARRY DU

# Pandas volleyball aims to break out of difficult Canada West conference

Mitchell Sorensen  
SPORTS WRITER • @SONOFAMITCH71

**Overview:** For the past several seasons, the Pandas have been in the unenviable position as a good team playing in an exceptionally strong Canada West conference. Coming off a 13-9 season, the young team will be hungry to prove themselves a contender in the highly competitive CIS and will be looking to improve on their quarterfinal exit at last year's Canada West finals.

**Key Players:** Despite possessing a deeper roster than past seasons, the Pandas will need several key players to elevate their game in order remain competitive. The Pandas will lean on the defence of libero Jessie Niles, who lead Canada West in digs per set last season. A Canada West All-Rookie

last year, second year setter Mariah Walsh will continue to be depended on to run the offence. Scoring will primarily fall to the hands of players like outside hitter Meg Casault and the net presence of middle Dione Lang.

**Last Season:** The Pandas had a difficult season last year, which was summed up by a quick exit at the hands of the Manitoba Bisons in the first round of the playoffs. Underperforming in key games and coming up against very strong teams early and often in Canada West play led to a disappointing fifth place regular season finish and quarterfinal exit in the Canada West finals tournament.

**This Season:** With another season under the young Pandas' belts, they have nowhere to go but up. Better prepared to deal with the stiff competition in Canada

West and possessing significantly more depth than they did last year, look for the Pandas to go deep into the Canada West final tournament on the heels of another winning season. With several key role-players performing to their potential, the Pandas could go far. They finally found their groove at the end of the regular season, rolling into the playoffs on a five game winning streak. The key for the Pandas this year will be getting hot at the beginning of the year so they can earn a higher seed in the playoffs, which will allow them to host a playoff game at home.

**Prediction:** Though better prepared to contend in the stacked Canada West division, the Pandas are unlikely to make it to the CIS Finals, either as a top team in the conference, or as the Canada West winner.



## Varsity sports roundup

### pandas hockey



1-0  
7-0



The Pandas hockey team opened up their season last weekend with back-to-back road shutouts of the Lethbridge Pronghorns. The Pandas edged out Lethbridge in their season opener with a tight 1-0 win and then opened the floodgates in the second game on Saturday, hammering the Pronghorns 7-0. Goaltender Lindsey Post was the star of the weekend for the Pandas, stopping all 44 shots that came her way. The Pandas will play their home opener this weekend as the Regina Rams come to town for a two-game set at Clare Drake arena. – James Davison

### bears hockey



10-0  
7-3



The Golden Bears played host to a weak effort by the Lethbridge Pronghorns Friday night, the first of a two-game weekend series. The Bears' offensive speed and power earned them a 10-0 victory over the Pronghorns on Friday and then a 7-3 win on Saturday. Forwards Jordan Hickmott and T.J Foster led the way offensively, as Hickmott buried five goals on the weekend and Foster picked up a goal and three assists. Despite not facing many shots, goaltender Kurtis Mucha played strong when he had to, picking up his 10th career shutout on Friday. The Bears will look to keep their momentum going when they face off against the Cougars in Regina this weekend for another two-game series. – James Davison

### pandas soccer



1-1  
2-0



The Pandas soccer team had a solid weekend, drawing and beating the Manitoba Bisons 1-1 and 2-0 respectively. Forward Jessie Candlish scored the lone goal in the draw on Saturday and added another in the win on Sunday, while Maggie Zacsko scored the other in the 2-0 victory. The Pandas will head to Winnipeg next weekend to play the Wesmen, who currently sit at the bottom of the Canada West standings. – Adam Pinkoski

### bears soccer



4-1  
6-1



The Golden Bears Soccer team let a golden opportunity slip through their fingers to go on top of the Canada West standings as they were humbled by the Saskatchewan Huskies 4-1 and 6-1 last weekend. The Bears struggled with composure, as they received more yellow cards (eight) than shots on goal (five), and will be welcoming their bye week next weekend with open arms. Both the Bears' goals on the weekend were scored by forward C.J Gilroy, but they weren't enough to overpower a strong effort from the Huskies' side. – Adam Pinkoski



CRUNCH TIME The Pandas will take on UBC in the first round of the Canada West playoffs.

J. OEL MALINA

## Pandas rugby drops their season finale to provincial rival Calgary

### RUGBY ROUNDUP

Oumar Salifou

SPORTS WRITER • @OPTIMISTICOMAR

The number one ranked University of Alberta Pandas rugby team dropped their final game of the season 19-15 to their provincial rivals, the Calgary Dinos last Sunday.

The Dinos got off to a quick 19-0 lead, but the Pandas battled back to bring the score to 19-8 before the end of the first half. The Pandas grabbed the momentum in the second half, putting up seven unanswered points, but were unable to erase the deficit, as they dropped the game 19-15.

Despite the loss, Head Coach Matt Parrish was happy with his team's resilience.

"We had a pretty slow start, we we're 15-0 down and we took a while to find our stride," Parrish said. "It was disappointing to have that type of start. All credit to Calgary, they came out strong and we didn't react

to that, but I was proud of the team for coming back from being down by 15 points.

"Sometimes you deserve to win games, but I certainly don't come away from this one thinking we deserved to win that."

Although both the Bears and Dinos finished the season with 3-1 records and 15 points, the Dinos clinched first place in the conference as a result of winning the head-to-head matchup. As a result, the Pandas will take on the third placed University of British Columbia Thunderbirds in the first round of the Canada West playoffs on Oct. 17.

With the two teams finishing first and second in the conference, a rematch in the Canada West finals is a very strong possibility, which is something Parrish would welcome.

"Even though we lost, this is the game to lose in some ways because now we go to Canada West playoffs and we get another shot at them," he said. "Of course I'm disappointed

to lose but there's a lot of positives in the game that we're going to try to build on.

"Sometimes you have to have a little bit of humbling, or a little bit of a dip before you can rise again."

Despite coming into the season as Canada West and CIS champions, Parrish knew his young team would have a steep learning curve.

"Last year we had a very dominant squad with a lot of experience and depth but I knew this year would be tougher because we lost a lot of experienced players (to graduation) in our starting lineup," he said. "We've got 15 returning players who haven't got a lot of playing time at this level so I knew it was going to be tough."

The Pandas' Canada West and CIS championship defence will begin on Friday, Oct. 17 when they take on the UBC Thunderbirds. The Pandas played the Thunderbirds, who finished 2-2 on the season, once earlier in the year and came out with a dominant 31-7 victory.



PLAYOFF BOUND The Pandas dropped their season finale against Calgary last weekend.

J. OEL MALINA



# TOP 5

## Worst moments of the 2014 Toronto Blue Jays' season

**Zach Borutski**  
SPORTS STAFF • @ZACHISPRETTYCOOL

**5. April. 23 – Loss to Baltimore:** You'd think the Jays would be able to hold a 6-1 lead, even if it only was the second inning, but you're wrong. After scoring six runs in the second inning off starting pitcher Chris Tillman, the Jays offence went into hibernation while Baltimore's woke up at the right time. The Orioles responded with a six-run inning of their own in the fifth to take a 9-6 lead. The Jays could never recover from Baltimore's flurry and ended up dropping the game 10-8. The terrible relief pitching shown in this game was certainly a precursor for the 2014 Jays.

**4. April. 18 – Exodus of walks in Minnesota:** Probably the ugliest pitching performance in franchise history. It's tough to rally back in a game without getting a lot of hits, but that's exactly what the Twins did to the Jays in April. The Jays entered the eighth inning leading 5-3 before it all fell apart. 2013 all-star reliever Steve Delabar walked two batters to start the inning, prompting manager John Gibbons to bring in interim closer Sergio Santos. Santos pitched to three batters in the inning, walking all three, while also throwing three wild pitches. After Santos was yanked, J.A Happ entered the game and promptly walked another three batters and surrendered a two run single, which was the only hit the Twins managed in the inning. The final damage for the inning read like this: eight walks, six runs, three wild pitches and a 9-5 loss.

**3. Aug. 8 – Blown save in Detroit:** The Jays went into the ninth inning with a 4-2 lead and their closer, Casey Janssen on the mound — but things immediately went south. Janssen allowed a lead off double, then two batters later,

gave up a two-run, game-tying homer to the Tigers' back up second baseman Nick Castellanos. Before fans could even finish processing the fact the game was tied, Janssen gave up another homer to backup shortstop Eugenio Suarez, a guy who looks like he uses a noodle to bat. The Jays exited the inning down 5-4, and despite loading the bases in their half of the ninth, ended up losing by the same score.

**2. Sept. 5 – Blown save in Boston:** If you've started to notice a pattern here, it's not a coincidence. After sweeping Tampa Bay and climbing back up the standings, the Jays traveled to Boston for three games. After scoring two runs in the top of the 10th inning, the Jays looked like they were going to escape with a win. This optimism quickly vanished as the Sox loaded the bases with no outs on three consecutive singles, then seemingly tied it instantly with another single and a sacrifice fly. The Jays ended up giving up three runs in the inning, losing the game 9-8. To add injury to insult, the Jays also lost Melky Cabrera — arguably their best hitter — for the season after he was hit on the hand by a pitch early in the game.

**1. Aug. 11–13 – Series sweep in Seattle:** The Jays headed into Seattle right after the Detroit series brimming with confidence. After the blown save in the first game, the Jays came back to win the next two in extra innings, with the Sunday win being the longest game in franchise history. The Jays, with all their momentum, ran into a brick wall in Seattle as they lost all three games by a combined score of 19-4. Seattle's pitching completely dominated the Jays the entire series and the sweep pushed the Jays three games back of the final wild card spot, a hole which they would not be able to climb out of.

# This week in Sports History

**Jenny Fox**  
SPORTS STAFF • @JENNYHASTWITTER

**October 7th 1915:** Almost 100 years ago, the most lopsided game of college football ever was played. In a crushing flop, Georgia Tech's football team destroyed Cumberland college 222-0. This loss would make for the single most one sided score in college football history.

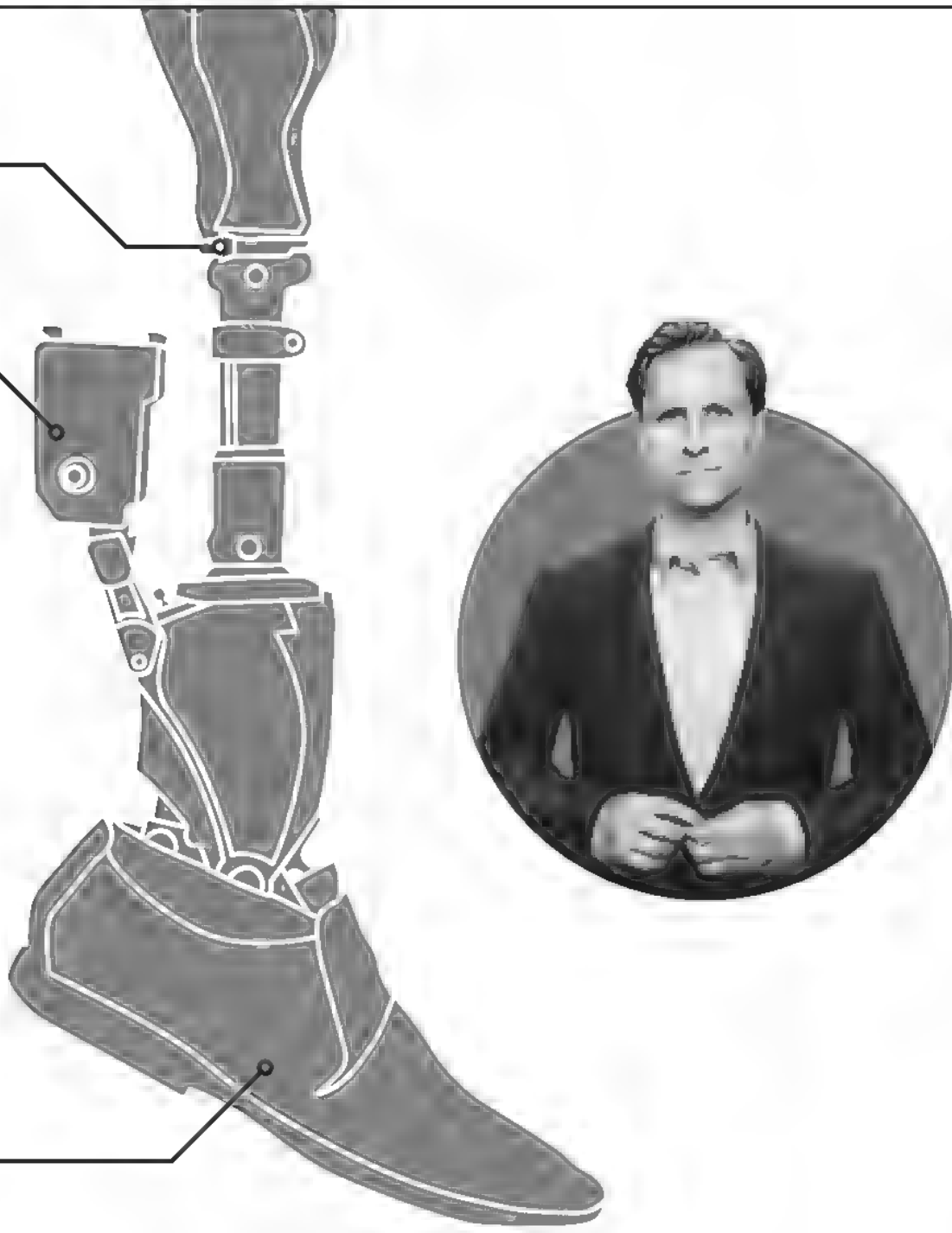
**October 8th 1992:** The original Ottawa Senators NHL franchise was officially brought back to life to begin the 1992 NHL season. Following a failed team transfer to St. Louis in 1934, the Senators ceased to exist despite many successful seasons

between their initiation as an NHL team in 1917. An NHL expansion rebooted the Senators and created the Tampa Bay Lightning for the 1992-93 season. With a new logo and high spirits, the team hoped to stay above dead last in points in the conference. Unfortunately, they were unsuccessful, as they finished the season with a tie for last place with San José in their inaugural season.

**October 9th 1938:** Something we probably wouldn't see today in any given football game today, the Cleveland Browns and Chicago Bears played an official NFL regular season game without getting a single penalty.



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LOOKING BACK:



JUST HOW

BAD

ARE THE OILERS?

A statistical summary of the Edmonton Oilers vs. the rest of the NHL since the beginning of the 'Five Year Plan' (2009-2014)

Just how bad have the Oilers been since they officially began their rebuild during the 2009-10 season? For starters, they own the longest play-off drought in the NHL, as they haven't made it to the playoffs in eight seasons. Since then, they've drafted sixth overall, ninth overall, first overall three times, seventh overall and third overall. Simply put, the Oilers have been really, really bad. But why?

The statistics tell the story. The Oilers are dead last in the league in wins, losses and winning percentage in this time frame, hence why they drafted first overall at the NHL entry draft three times in a row. They're also dead last in the league in major defensive and goaltending categories, as they're well below league average in both goals against and shots against. The one thing the team has somewhat excelled in is offence, as goals for is the only major statistical category in which the Oilers aren't ranked at the bottom of the league.

Everybody knows the Oilers have won the least amount of games in the past five years simply because of how high the team drafts every year, but the question is how and why do they lose these games? The main indicator and the glaring red light with this team is the ratio of shots on goal for, to shots on goal against. Over the past five seasons, the average NHL team fired 29.9 shots a game on the opposing team's goalie. In contrast, the Oilers only managed 27.1 shots, close to three less per game than an average NHL team. On the flip side, the average NHL team also allowed 29.9 shots on net, while the Oilers allowed 32.2, which was by far the worst in the league. Over these five seasons, the Oilers allowed five more shots against than shots they managed themselves. With a discrepancy in shots that large, it's very clear the Oilers control the puck way less than their opponents, game in and game out.

When teams are constantly outshooting you, you aren't going to win hockey games. You have to rely on an above average performance from your goaltender to steal you a game, or you have to rely on the opposing goaltender to have a below average game.

The next question is: what do the Oilers need to do to improve on their very apparent issues and what will it take for them to become a playoff team? Next week, we'll take a look at what it takes to be a playoff team in the Western Conference, how the Oilers stack up against those teams and what they need to do to improve themselves.

Written by Cameron Lewis and Christian Pagnani

Infographic by Jessica Hong

## WINS LOSSES

(NOT INCLUDING OVERTIME LOSSES):

<b>234</b>	1. Pittsburgh	1. Edmonton	<b>198</b>
<b>223</b>	2. Chicago	2. Florida	<b>175</b>
<b>218</b>	3. San Jose	3. New York Islander	<b>167</b>
<b>216</b>	4. Boston	4. Columbus	<b>165</b>
<b>216</b>	5. Vancouver	5. Toronto	<b>162</b>
<b>132</b>	30. Edmonton		

## % WINNING PERCENTAGE

<b>0.593%</b>	1. Pittsburgh
<b>0.578%</b>	2. Chicago
<b>0.569%</b>	3. Boston
<b>0.567%</b>	4. San Jose
<b>0.562%</b>	5. Vancouver
<b>0.373%</b>	30. Edmonton

## goals FOR

<b>1199</b>	1. Chicago
<b>1191</b>	2. Pittsburgh
<b>1148</b>	3. Washington
<b>1128</b>	4. Philadelphia
<b>1113</b>	5. Boston
<b>947</b>	27. Edmonton
<b>914</b>	30. Florida

## goals AGAINST

<b>883</b>	1. Boston
<b>888</b>	2. Los Angeles
<b>908</b>	3. New York Rangers
<b>928</b>	4. St. Louis
<b>946</b>	5. New Jersey
<b>1196</b>	30. Edmonton

\*League Average (1041.8)

## goals PER GAME

1. Chicago	<b>3.2</b>	●●●▶
2. Pittsburgh	<b>3.2</b>	●●●▶
3. Washington	<b>3.1</b>	●●●▶
4. Philadelphia	<b>3.0</b>	●●●▶
5. Boston	<b>2.9</b>	●●●▶
27. Edmonton	<b>2.5</b>	●●●▶
30. Florida	<b>2.4</b>	●●●▶

## Total shots & SHOTS PER GAME

1. San Jose	<b>3.2</b>	██████████
2. Chicago	<b>3.2</b>	██████████
3. Boston	<b>3.1</b>	██████████
4. Detroit	<b>3.0</b>	██████████
5. Pittsburgh	<b>2.9</b>	██████████
29. Edmonton	<b>2.5</b>	██████████
30. Minnesota	<b>2.4</b>	██████████

## goals AGAINST PER GAME

1. Boston	<b>2.3</b>	●●●▶
2. Los Angeles	<b>2.4</b>	●●●▶
3. New York Rangers	<b>2.4</b>	●●●▶
4. St. Louis	<b>2.5</b>	●●●▶
5. New Jersey	<b>2.5</b>	●●●▶
30. Edmonton	<b>3.2</b>	●●●▶

## Total shots & SHOTS AGAINST PER GAME

1. New Jersey	<b>25.9</b>	██████████
2. Los Angeles	<b>26.9</b>	██████████
3. Chicago	<b>27.2</b>	██████████
4. St. Louis	<b>27.3</b>	██████████
5. Pittsburgh	<b>28.5</b>	██████████
30. Edmonton	<b>32.2</b>	██████████

\*League Average (1041.8)

\*League Average = 29.9



# Diversions

**Design & Production Editor**  
Jessica Hong

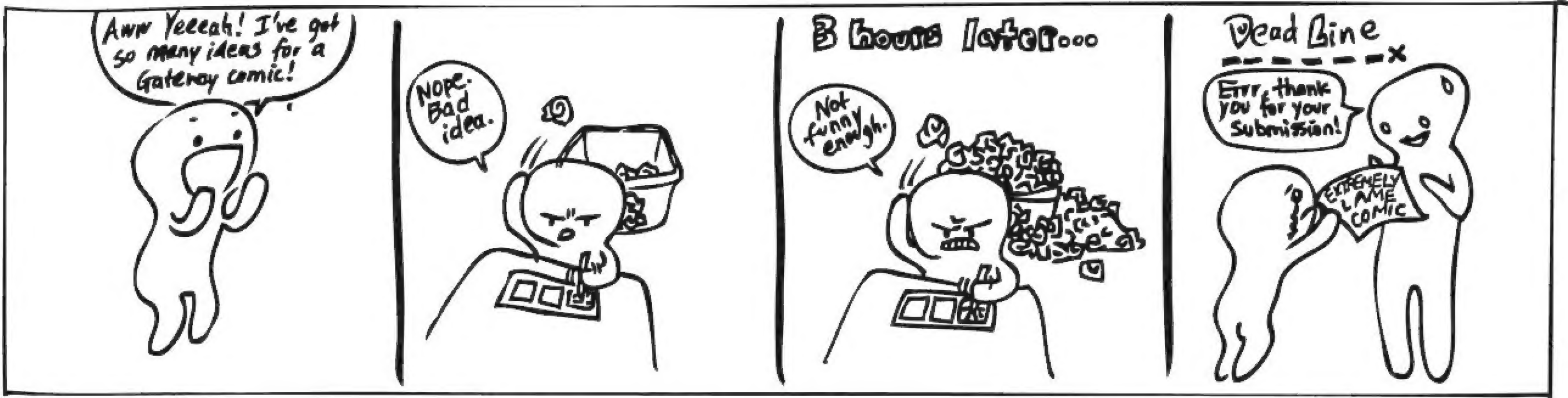
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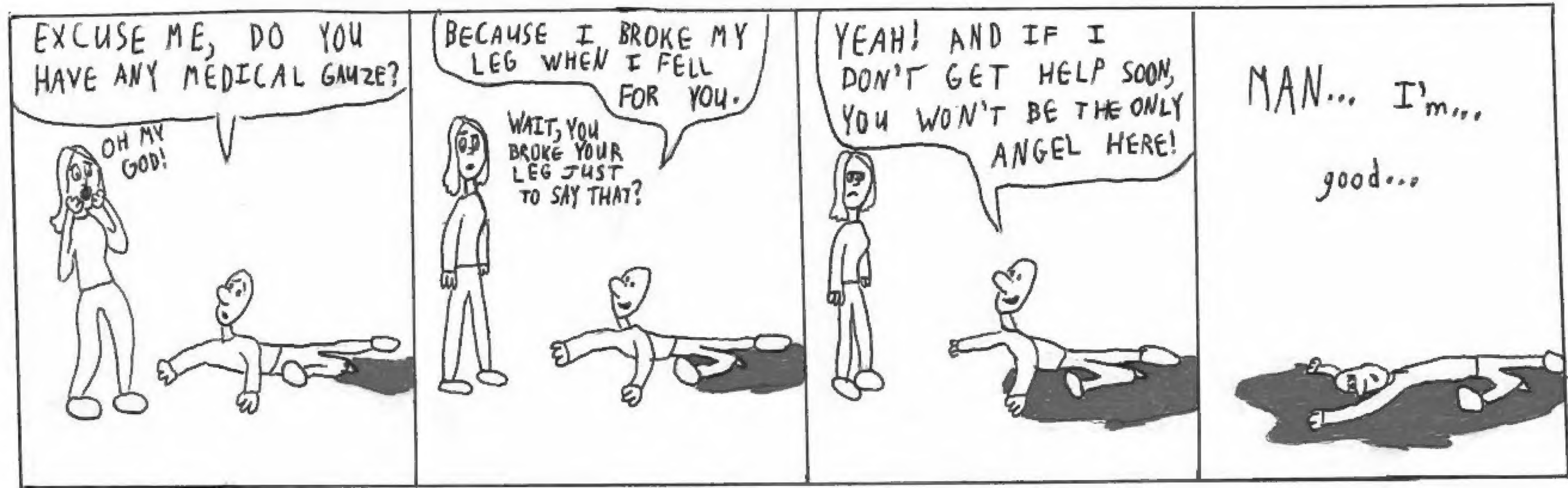
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Comic meetings are every Friday at 1pm!

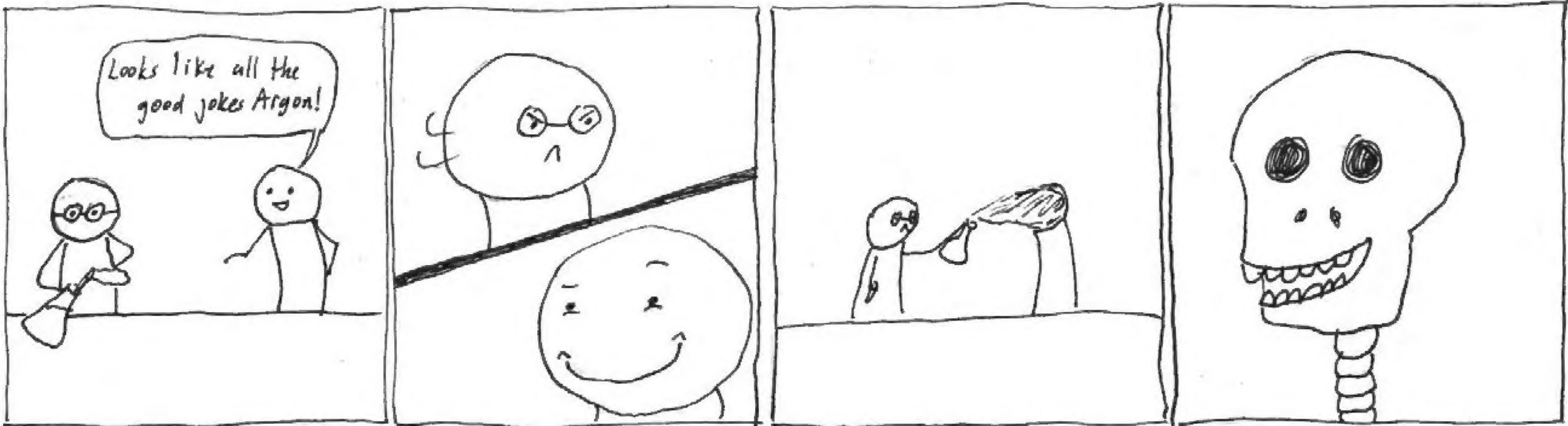
**DEADLINE**  
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**DESKTOP INK**  
BY DEREK SCHULTZ



**MEDIOCRE AT BEST**  
BY JIMMY NGUYEN



**MODERN ASIAN FAMILY**  
BY STEFANO JUN



**UN-BEAR-ABLE**  
BY CHRIS BORGER





★ ★ ★ ★ ★

# GATEWAY HOROSCOPES

BY CAM LEWIS

---

Gemini



One of your arms might fall off. But it might not.

Cancer



Despite putting in a really good effort to organize a campus recreation basketball team, nobody will actually register.

Leo



You'll go back and look at old blog posts you made on Nexopia at some point in time this month and feel embarrassed.

Aries



You will stand in line for around 20 minutes to try Panda Express for the first time. You'll enjoy it, but not enough to justify standing in line for that long.

Taurus



Despite being way more into fantasy football than anybody else in your league, all of your players will under perform and you'll go winless on the month.

Virgo



Nothing interesting will happen whatsoever.

Libra



It's very unlikely, but there's a chance you may qualify for freestyle swimming at the 2016 Summer Olympics.

Scorpio



You have a very good sense of taste. You'll try ordering pizza from a different place than you usually do and you'll really enjoy it.

Stagittarus



You're pretty likely to really mail it in as your enthusiasm for certain things wanes over the next week or so. Whatever, take a day off and sleep in or something.

Capricorn



Stay away from swimming pools for the next few weeks.

Aquarius



Take a gamble, or a risk. Bet a bunch of money on something very unlikely and you might win a bunch of money.

Pisces



Try spicing things in your life up a little bit by yelling at somebody on the bus every once in a while.

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